



Healthy Blue



Clinical Utilization Management Guidelines

Attached is a list of the *Clinical Utilization Management (UM) Guidelines* the health plan has adopted.

The full list of *Medical Policies* and *Clinical Utilization Management Guidelines* are publicly available on the [***Medical Policy and Clinical UM Guideline subsidiary website***](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

MCG[®] Care Guidelines are used only for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

In addition, American Society of Addiction Medicine[®] criteria is used for substance use services according to state requirements.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG Care Guidelines.

Note: We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.00004*.

If the request does not meet established criteria guidelines, it will be referred to the licensed physician or licensed psychologist reviewer with the appropriate clinical expertise to make a decision.

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Clinical Utilization Management Guidelines

The new *Clinical Utilization Management (UM) Guidelines* below were adopted by the medical operations committee for Healthy Blue members on June 25, 2020. Note, not all of the services and codes referenced within these guidelines are reimbursed under Medicaid. Please refer to Medicaid guidelines for coverage and reimbursement information. These guidelines take effect January 1, 2021.

To view a guideline, visit the [Medical Policy and Clinical UM Guideline subsidiary website](#).

Clinical UM Guideline number	Clinical UM Guideline title
CG-ADMIN-01	Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists
CG-ANC-03	Acupuncture
CG-ANC-04	Ambulance Services: Air and Water
CG-ANC-05	Ambulance Services: Ground; Emergent
CG-ANC-06	Ambulance Services: Ground; Non-Emergent
CG-ANC-07	Inpatient Interfacility Transfers
CG-ANC-08	Mobile Device-Based Health Management Applications
CG-BEH-01	Assessment of Autism Spectrum Disorders and Rett Syndrome
CG-BEH-02	Adaptive Behavioral Treatment for Autism Spectrum Disorder
CG-BEH-14	Intensive In-home Behavioral Health Services
CG-BEH-15	Activity Therapy for Autism Spectrum Disorders and Rett Syndrome
CG-DME-03	Neuromuscular Stimulation in the Treatment of Muscle Atrophy
CG-DME-04	Electrical Nerve Stimulation, Transcutaneous, Percutaneous
CG-DME-05	Cervical Traction Devices for Home Use
CG-DME-06	Pneumatic Compression Devices for Lymphedema
CG-DME-07	Augmentative and Alternative Communication (AAC) Devices with Digitized or Synthesized Speech Output
CG-DME-08	Infant Home Apnea Monitors
CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites using an Elastomeric Infusion Pump during the Post-Operative Period
CG-DME-10	Durable Medical Equipment
CG-DME-12	Home Phototherapy Devices for Neonatal Hyperbilirubinemia
CG-DME-13	Lower Limb Prosthesis
CG-DME-15	Hospital Beds and Accessories
CG-DME-16	Pressure Reducing Support Surfaces – Groups 1, 2 & 3
CG-DME-18	Home Oxygen Therapy

Clinical UM Guideline number	Clinical UM Guideline title
CG-DME-19	Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes
CG-DME-20	Orthopedic Footwear
CG-DME-21	External Infusion Pumps for the Administration of Drugs in the Home or Residential Care Settings
CG-DME-22	Ankle-Foot & Knee-Ankle-Foot Orthoses
CG-DME-23	Lifting Devices for Use in the Home
CG-DME-24	Wheeled Mobility Devices: Manual Wheelchairs – Standard, Heavy Duty and Lightweight
CG-DME-25	Seat Lift Mechanisms
CG-DME-26	Back-Up Ventilators in the Home Setting
CG-DME-30	Prothrombin Time Self-Monitoring Devices
CG-DME-31	Wheeled Mobility Devices: Wheelchairs-Powered, Motorized, With or Without Power Seating Systems and Power Operated Vehicles (POVs)
CG-DME-33	Wheeled Mobility Devices: Manual Wheelchairs-Ultra Lightweight
CG-DME-34	Wheeled Mobility Devices: Wheelchair Accessories
CG-DME-35	Electric Breast Pumps
CG-DME-36	Pediatric Gait Trainers
CG-DME-37	Air Conduction Hearing Aids
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch Devices
CG-DME-40	Noninvasive Electrical Bone Growth Stimulation of the Appendicular Skeleton
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use
CG-DME-42	Non-implantable Insulin Infusion and Blood Glucose Monitoring Devices
CG-DME-43	High Frequency Chest Compression Devices for Airway Clearance
CG-DME-44	Electric Tumor Treatment Field (TTF)
CG-DME-45	Ultrasound Bone Growth Stimulation
CG-DME-46	Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting
CG-DME-47	Noninvasive Home Ventilator Therapy for Respiratory Failure
CG-GENE-01	Janus Kinase 2, CALR and MPL Gene Mutation Assays
CG-GENE-02	Analysis of RAS Status
CG-GENE-03	BRAF Mutation Analysis
CG-GENE-04	Molecular Marker Evaluation of Thyroid Nodules
CG-GENE-05	Genetic Testing for DMD Mutations (Duchenne or Becker Muscular Dystrophy)
CG-GENE-07	BCR-ABL Mutation Analysis
CG-GENE-08	Genetic Testing for PTEN Hamartoma Tumor Syndrome
CG-GENE-09	Genetic Testing for CHARGE Syndrome
CG-GENE-10	Chromosomal Microarray Analysis (CMA) for Developmental Delay, Autism Spectrum Disorder, Intellectual Disability (Intellectual Developmental Disorder) and Congenital Anomalies
CG-GENE-11	Genotype Testing for Individual Genetic Polymorphisms to Determine Drug-Metabolizer Status
CG-GENE-12	PIK3CA Mutation Testing for Malignant Conditions
CG-GENE-13	Genetic Testing for Inherited Diseases

Clinical UM Guideline number	Clinical UM Guideline title
CG-GENE-14	Gene Mutation Testing for Solid Tumor Cancer Susceptibility and Management
CG-GENE-15	Genetic Testing for Lynch Syndrome, Familial Adenomatous Polyposis (FAP), Attenuated FAP and MYH-associated Polyposis
CG-GENE-16	BRCA Testing for Breast and/or Ovarian Cancer Syndrome
CG-GENE-17	RET Proto-oncogene Testing for Endocrine Gland Cancer Susceptibility
CG-GENE-18	Genetic Testing for TP53 Mutations
CG-GENE-19	Detection and Quantification of Tumor DNA Using Next Generation Sequencing in Lymphoid Cancers
CG-GENE-20	Epidermal Growth Factor Receptor (EGFR) Testing
CG-LAB-03	Tropism Testing for HIV Management
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain
CG-LAB-10	Zika Virus Testing
CG-LAB-11	Screening for Vitamin D Deficiency in Average Risk Individuals
CG-LAB-12	Testing for Oral and Esophageal Cancer
CG-LAB-13	Skin Nerve Fiber Density Testing
CG-LAB-14	Respiratory Viral Panel Testing in the Outpatient Setting
CG-MED-02	Esophageal pH Monitoring
CG-MED-05	Ketogenic Diet for Treatment of Intractable Seizures
CG-MED-08	Home Enteral Nutrition
CG-MED-19	Custodial Care
CG-MED-21	Anesthesia Services and Moderate (“Conscious”) Sedation
CG-MED-23	Home Health
CG-MED-24	Electromyography and Nerve Conduction Studies
CG-MED-26	Neonatal Levels of Care
CG-MED-28	Iontophoresis for Medical Indications
CG-MED-32	Ancillary Services for Pregnancy Complications
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures
CG-MED-35	Retinal Telescreening Systems
CG-MED-37	Intensive Programs for Pediatric Feeding Disorders
CG-MED-38	Inpatient Admission for Radiation Therapy for Cervical or Thyroid Cancer
CG-MED-39	Bone Mineral Density Testing Measurement
CG-MED-40	External Ambulatory Event Monitors to Detect Cardiac Arrhythmias
CG-MED-41	Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting
CG-MED-42	Maternity Ultrasound in the Outpatient Setting
CG-MED-44	Holter Monitors
CG-MED-45	Transrectal Ultrasonography
CG-MED-46	Electroencephalography and Video Electroencephalographic Monitoring
CG-MED-47	Fundus Photography
CG-MED-48	Scrotal Ultrasound
CG-MED-49	Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials

Clinical UM Guideline number	Clinical UM Guideline title
CG-MED-51	Three-Dimensional (3-D) Rendering of Imaging Studies
CG-MED-52	Allergy Immunotherapy (Subcutaneous)
CG-MED-53	Cervical Cancer Screening Using Cytology and Human Papillomavirus Testing
CG-MED-54	Strapping
CG-MED-55	Level of Care: Advanced Radiologic Imaging
CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography
CG-MED-57	Cardiac Stress Testing with Electrocardiogram
CG-MED-59	Upper Gastrointestinal Endoscopy in Adults
CG-MED-61	Preoperative Testing for Low Risk Invasive Procedures and Surgeries
CG-MED-62	Resting Electrocardiogram Screening in Adults
CG-MED-63	Treatment of Hyperhidrosis
CG-MED-64	Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins as a Treatment of Atrial Fibrillation or Atrial Flutter (Radiofrequency and Cryoablation)
CG-MED-65	Manipulation Under Anesthesia
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue
CG-MED-68	Therapeutic Apheresis
CG-MED-69	Inhaled Nitric Oxide
CG-MED-70	Wireless Capsule Endoscopy for Gastrointestinal Imaging and the Patency Capsule
CG-MED-71	Chronic Wound Care in the Home or Outpatient Setting
CG-MED-72	Hyperthermia for Cancer Therapy
CG-MED-73	Hyperbaric Oxygen Therapy (Systemic/Topical)
CG-MED-74	Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry
CG-MED-75	Medical and Other Non-Behavioral Health Related Treatments for Autism Spectrum Disorders and Rett Syndrome
CG-MED-76	Magnetic Source Imaging and Magnetoencephalography
CG-MED-77	SPECT/CT Fusion Imaging
CG-MED-78	Anesthesia Services for Interventional Pain Management Procedures
CG-MED-79	Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm Pacing Systems
CG-MED-81	High Intensity Focused Ultrasound (HIFU) for Oncologic Indications
CG-MED-83	Level of Care: Specialty Pharmaceuticals
CG-MED-84	Non-Obstetric Gynecologic Duplex Ultrasonography of the Abdomen and Pelvis in the Outpatient Setting
CG-MED-85	Posterior Segment Optical Coherence Tomography
CG-MED-86	Enhanced External Counterpulsation in the Outpatient Setting
CG-MED-87	Single Photon Emission Computed Tomography Scans for Noncardiovascular Indications
CG-MED-88	Preimplantation Genetic Diagnosis Testing
CG-OR-PR-02	Prefabricated and Prophylactic Knee Braces
CG-OR-PR-03	Custom-made Knee Braces
CG-OR-PR-04	Cranial Remodeling Bands and Helmets (Cranial Orthotics)
CG-OR-PR-05	Myoelectric Upper Extremity Prosthetic Devices
CG-OR-PR-06	Spinal Orthoses: Thoracic-Lumbar-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumbar
CG-REHAB-02	Outpatient Cardiac Rehabilitation
CG-REHAB-03	Pulmonary Rehabilitation

Clinical UM Guideline number	Clinical UM Guideline title
CG-REHAB-07	Skilled Nursing and Skilled Rehabilitation Services (Outpatient)
CG-REHAB-08	Private Duty Nursing in the Home Setting
CG-REHAB-10	Level of Care: Outpatient Physical Therapy, Occupational Therapy, and Speech-Language Pathology Services
CG-REHAB-11	Cognitive Rehabilitation
CG-SURG-01	Colonoscopy
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair, and Brow Lift
CG-SURG-05	Maze Procedure
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury
CG-SURG-09	Temporomandibular Disorders
CG-SURG-10	Ambulatory or Outpatient Surgery Center Procedures
CG-SURG-11	Surgical Treatment for Dupuytren's Contracture
CG-SURG-12	Penile Prosthesis Implantation
CG-SURG-15	Endometrial Ablation
CG-SURG-17	Trigger Point Injections
CG-SURG-18	Septoplasty
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)
CG-SURG-25	Injection Treatment for Morton's Neuroma
CG-SURG-28	Transcatheter Uterine Artery Embolization
CG-SURG-29	Lumbar Discography
CG-SURG-30	Tonsillectomy for Children with or without Adenoidectomy
CG-SURG-31	Treatment of Keloids and Scar Revision
CG-SURG-34	Diagnostic Infertility Surgery
CG-SURG-36	Adenoidectomy
CG-SURG-37	Destruction of Pre-Malignant Skin Lesions
CG-SURG-40	Cataract Removal Surgery for Adults
CG-SURG-41	Surgical Strabismus Correction
CG-SURG-46	Myringotomy and Tympanostomy Tube Insertion
CG-SURG-49	Endovascular Techniques (Percutaneous or Open Exposure) for Arterial Revascularization of the Lower Extremities
CG-SURG-51	Outpatient Cystourethroscopy
CG-SURG-52	Level of Care: Hospital-Based Ambulatory Surgical Procedures and Endoscopic Services
CG-SURG-55	Intracardiac Electrophysiological Studies (EPS) and Catheter Ablation
CG-SURG-56	Diagnostic Fiberoptic Flexible Laryngoscopy
CG-SURG-57	Diagnostic Nasal Endoscopy
CG-SURG-58	Radioactive Seed Localization of Nonpalpable Breast Lesions
CG-SURG-59	Vena Cava Filters
CG-SURG-61	Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver
CG-SURG-63	Cardiac Resynchronization Therapy with or without an Implantable Cardioverter Defibrillator for the Treatment of Heart Failure

Clinical UM Guideline number	Clinical UM Guideline title
CG-SURG-70	Gastric Electrical Stimulation
CG-SURG-71	Reduction Mammoplasty
CG-SURG-72	Endothelial Keratoplasty
CG-SURG-73	Balloon Sinus Ostial Dilation
CG-SURG-74	Total Ankle Replacement
CG-SURG-75	Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions
CG-SURG-76	Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty
CG-SURG-77	Refractive Surgery
CG-SURG-78	Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies
CG-SURG-79	Implantable Infusion Pumps
CG-SURG-81	Cochlear Implants and Auditory Brainstem Implants
CG-SURG-82	Bone-Anchored and Bone Conduction Hearing Aids [this criteria would be used if MANUAL LETTER # 51-2008, 471 NAC 8-000 did not address the service being requested]
CG-SURG-83	Bariatric Surgery and Other Treatments for Clinically Severe Obesity
CG-SURG-84	Mandibular/Maxillary (Orthognathic) Surgery
CG-SURG-85	Hip Resurfacing
CG-SURG-86	Endovascular/Endoluminal Repair of Aortic Aneurysms, Aortoiliac Disease, Aortic Dissection and Aortic Transection
CG-SURG-87	Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring
CG-SURG-88	Mastectomy for Gynecomastia
CG-SURG-89	Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia
CG-SURG-90	Mohs Micrographic Surgery
CG-SURG-91	Minimally Invasive Ablative Procedures for Epilepsy
CG-SURG-92	Paraesophageal Hernia Repair
CG-SURG-93	Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction
CG-SURG-94	Keratoprosthesis
CG-SURG-95	Sacral Nerve Stimulation and Percutaneous Tibial Nerve Stimulation for Urinary and Fecal Incontinence; Urinary Retention
CG-SURG-96	Intraocular Telescope
CG-SURG-97	Cardioverter Defibrillators
CG-SURG-98	Prostate Biopsy using MRI Fusion Techniques
CG-SURG-99	Panniculectomy and Abdominoplasty
CG-SURG-100	Laser Trabeculoplasty and Laser Peripheral Iridotomy
CG-SURG-101	Ablative Techniques as a Treatment for Barrett's Esophagus
CG-SURG-102	Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy
CG-SURG-103	Male Circumcision
CG-SURG-104	Intraoperative Neurophysiological Monitoring
CG-SURG-105	Corneal Collagen Cross-Linking
CG-SURG-106	Venous Angioplasty with or without Stent Placement or Venous Stenting Alone

Clinical UM Guideline number	Clinical UM Guideline title
CG-SURG-107	Surgical and Minimally Invasive Treatments for Benign Prostatic Hyperplasia (BPH)
CG-SURG-108	Stereotactic Radiofrequency Pallidotomy
CG-THER- RAD-07	Intravascular Brachytherapy (Coronary and Non-Coronary)
CG-TRANS-02	Kidney Transplantation
CG-TRANS-03	Donor Lymphocyte Infusion for Hematologic Malignancies after Allogeneic Hematopoietic Progenitor Cell Transplantation