



The Prior Preterm Pregnancy Program

To support your efforts in preventing preterm delivery in high-risk pregnant women, Healthy Blue has a program to ensure providers are aware of members who may benefit from administration of 17 alpha-hydroxyprogesterone caproate (17P). You may receive notification that members on your panel are identified through our high-risk screening survey as potential candidates for 17P. <17P is covered under both medical and pharmacy benefits.>

If you wish to prescribe 17P for your patient, we offer the following guidance on how you may obtain 17P for delivery and administration:

- For office administration of 17P, prior authorization is required.

PROGESTERONE <i>(hydroxyprogesterone caproate)</i> Preferred agents	Non-preferred agents	Prior authorization/class criteria
MAKENA AUTO INJECTOR (hydroxyprogesterone caproate) MAKENA MDV, SDV (hydroxyprogesterone caproate)	hydroxyprogesterone caproate (generic Makena)	When filled as outpatient prescription, use limited to: <ul style="list-style-type: none"> • Singleton pregnancy • Previous preterm delivery • No more than 20 doses (administered between 16 to 36 weeks gestation) • Maximum of 30 days per dispensing

- For home health administration, a separate prior authorization is required.
 - Refer to *Clinical Utilization Management Guideline CG-MED-23* for prior authorization: <https://provider.healthybluene.com>.

Preterm birth (delivery before 37 weeks and zero/seven days of gestation) is a leading cause of infant morbidity and mortality in the United States. For women who have had a spontaneous preterm delivery, the risk for preterm delivery in subsequent pregnancies is 1.5 to 2 times higher. For pregnant women with a singleton pregnancy and a history of spontaneous preterm delivery, 17P can reduce the risk of preterm birth by approximately 30%. The U.S. Food and Drug Administration approved hydroxyprogesterone caproate injections to reduce the risk of preterm delivery in pregnant women with a history of prior preterm birth. As with any drug, there are risks that may outweigh these benefits.

For more information or if you have questions about this communication or need help with any other item, contact your Healthy Blue Provider Relations representative or call Provider Services at **1-833-388-1406** from 8 a.m. to 9 p.m. CT Monday through Friday.

<https://provider.healthybluene.com>

Healthy Blue is the trade name of Community Care Health Plan of Nebraska, Inc., an independent licensee of the Blue Cross and Blue Shield Association.