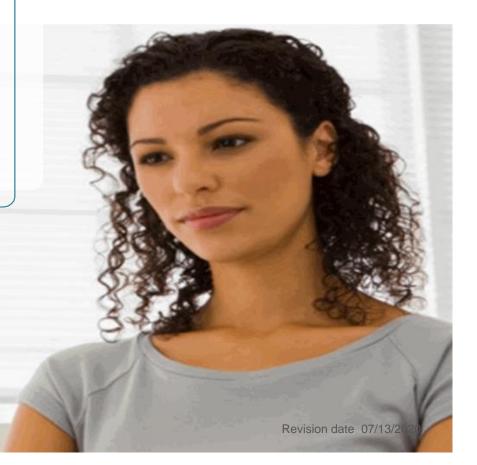




Working with Healthy Blue New Rehabilitation Program



This presentation contains proprietary information of Healthy Blue. It is intended for Healthy Blue providers and internal associates. Any redistribution or other use is strictly forbidden.

Overview

AIM* works with leading insurers to improve healthcare quality and manage costs for today's most complex and prevalent tests and treatments, helping to promote care that is appropriate, safe and affordable. In today's session, you'll be introduced to our new **Rehabilitation** Program to be managed by AIM Specialty Health® (AIM), a separate company, for Commercial fully insured and Medicaid members.

The following resources are available now:

- ProviderPortal_{SM} (direct link <u>www.providerportal.com</u> or single sign on) will be available for order request submission twenty-four hours a day, seven days a week, processing requests in real-time using clinical criteria.
- AIM Call Center Monday through Friday 7:30 am 7 pm (Central Time) at:

Missouri Medicaid - Healthy Blue	855.574.6479	Effective 1/1/2021 request starting on 12/21/2020
Nebraska Medicaid - Healthy Blue	855.574.6478	Effective 1/1/2021 request starting on 12/21/2020
Medicaid (IN, NY, WNY, WI)	800.714.0040	live
Medicare (CA, CO, CT, GA, IN, KY, ME, MO, NH, NM, NY, OH, TN, TX, TX MMP, VA, WA, WI)*	800.714.0040	<i>live</i> * FL, NJ preauthorization is managed by different vendor
Anthem Commercial (CT, ME,NH)	866-714-1107	live
Anthem Commercial (IN,KY,MO,OH,WI)	800-554-0580	live
Anthem BCBSGA	866-714-1103	live
Empire NY Commercial F/I	877-430-2288	live
Anthem Commercial F/I (CO,NV)	877-291-0366	live
Anthem Commercial F/I (CA)	877-291-0360	TBD 2021

COVID-19 Update

Effective March 17, 2020, the Telehealth place of service is applicable where the AIM Rehabilitative program is live. The Rehab Telehealth FAQ was published in the April provider newsletters titled *"Information from Healthy Blue for Care Providers about COVID-19"*. See Provider News for updates for Care Providers about CovID-19".

Certain CPT codes would be appropriate to be considered for telehealth (audio and video) physical, occupational, and speech therapies. Effective March 17, 2020 through September 30, 2020, Healthy Blue will waive member cost shares for telehealth visits for the following physical, occupational and speech therapies for visits coded with Place of Service (POS) "02" and modifier 95 or GT:

- Physical therapy (PT) evaluation codes: 97161, 97162, 97163 and 97164
- Occupational therapy (OT) evaluation codes: 97165, 97166, 97167 and 97168
- PT/OT treatment codes: 97110, 97112, 97530 and 97535
- Speech therapy (ST) evaluation codes: 92521, 92522, 92523 and 92524
- Speech therapy treatment codes: 92507, 92526, 92606 and 92609

PT/OT CPT codes that require equipment and/or direct physical hands-on interaction and therefore are not appropriate via telehealth include: 97010-97028, 97032-97039, 97113-97124, 97139-97150, 97533 and 97537-97546.

Limitation related to state mandates and licensure/state practice act would still apply. Benefit limitations, where applicable, would still apply.



AIM clinical review programs





Medical Oncology



Rehabilitation

4



Rehabilitation Program

The AIM Rehabilitative Program uses evidence-based clinical practice guidelines focus on:

Maximize a Member's Functional Outcome

Coordinate Integrative Health Care Decisions Improve the Member's Total Cost of Care

Optimize Provider Satisfaction

Clinical Appropriateness Review Process encompasses the appropriate duration of rehabilitative services at the appropriate place of service, with the goal of maximizing the member's functional improvement, while at the same time enhancing and simplifying the provider's experience in the delivery of care.



Program scope

Disciplines included in the program

Physical Therapy CG-Rehab-04 AIM guidelines (Medicare: NCD,LCD, CMS Manual)

- Supervised Modalities
- Constant Attendance Modalities
- Therapeutic Procedures
- Adaptive Equipment Training
- Wound care and lymphedema Treatment
- Other Physical therapy services
- Unlisted Procedures not covered



Occupational Therapy

CG-Rehab-05 AIM guidelines (Medicare: NCD,LCD, CMS Manual)

- Supervised Modalities
- Constant Attendance Modalities
- Therapeutic Procedures
- Adaptive Equipment Training
- Wound care and lymphedema Treatment
- Other Occupational therapy services
- Biofeedback not covered
- Unlisted Procedures not covered



Speech Therapy CG-Rehab-06 AIM guidelines (Medicare: NCD,LCD, CMS Manual)



- Speech Fluency
- Speech sound production
- Language comprehension and expression
- Oral and pharyngeal swallowing function
- Auditory processing

Please note:

- Procedure codes my vary by lines of business or may be managed by the local health plan.
- Chiropractors billing for Therapy codes require a pre-auth.



Clinical appropriateness review

Criteria Determining Visit Allotment

Initial Request:

- Primary Treatment Diagnosis
- Confirmation of autism, developmental delay, or traumatic brain injury
- Evaluation date consistent throughout the episode of care
- Functional outcomes tool and score
- Comorbidities/recent surgery

For Subsequent Requests:

- Member's response to treatment or any mitigating factors if poor response
- Member's attainment of goals
- Member's improvement in functional outcomes tool score
- Review of clinical documentation for all recurring requests

Included settings:

- Office
- Outpatient hospital
- Independent clinic
- Telehealth

Check to see if the facility is in network for the member before starting therapy

Please note: Additional documentation may be required when requesting additional visits (e.g. progress notes, initial evaluation/re-evaluation, etc.)



Rehabilitation clinical experts power our program

An experienced team of therapist and physicians lead and support our Rehabilitation program

Their expertise across numerous clinical specialties provides clinical acumen immediately

Our clinical reviewers specialties include physical, occupational, and speech language therapy

Our clinical reviewers also specialize in physiatry, internal medicine, orthopedics and pediatrics



KERRIE REED Rehabilitation

Medical Director.

Clinical leader responsible for the clinical strategy.



GINA GIEGLING

GM / Vice President. Rehabilitation and MSK

Business leader responsible for the business strategy and design.



DISHA PATEL

Clinical Architect Director. Rehabilitation and MSK

Clinical Architect responsible for the clinical design.



YVONNE SULLIVAN

Provider Engagement Manager, Rehabilitation

Engagement Manager responsible for outreach and education.



Episode of care

An episode of care is the managed care provided for a specific injury, surgery, condition or illness during a set time period.



AIM will provide an authorization with a visit allocation for those requests where the member meets medical necessity.

If after delivering the authorized number of visits, the member still needs additional skilled therapy, the provider can return to the AIM provider portal and create another request for visits.

For a given episode of care, it is possible that more than one case will get created, but it is dependent on the member's progress with their treatment plan.

For an optimal request response:

- Requests should be made only after an active authorization has either expired or there are no more authorized visits remaining for the member
- Initiating a request before visits have been rendered may not reflect the accurate medical necessity criteria
- An authorization will not be able to be obtained greater than 30 days prior to your service date



Episode of Care Flow

Insured:

for treatment

Patient

Evaluation

the initial

evaluation.

The evaluation

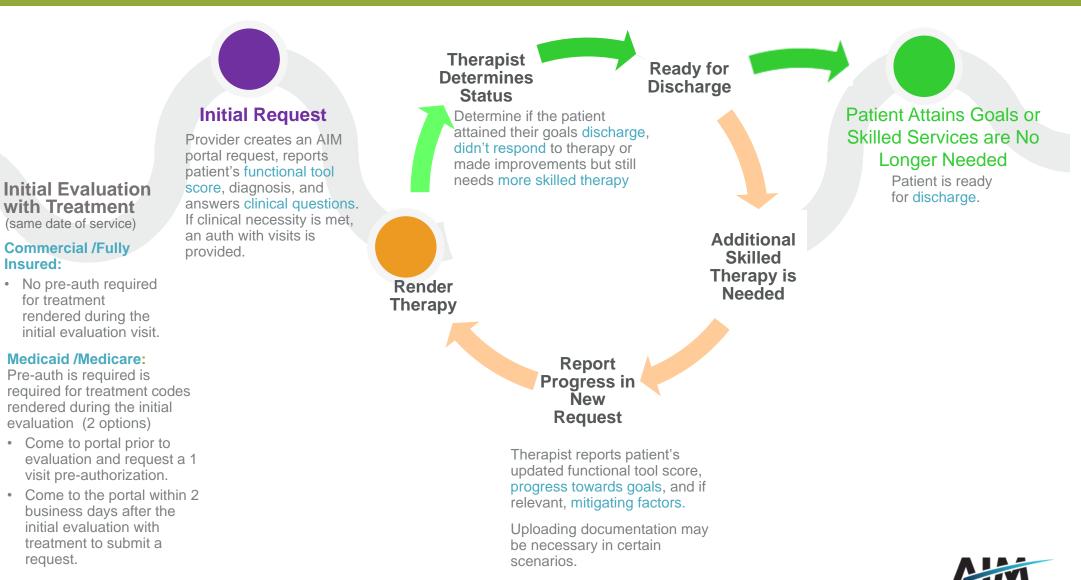
consistent

throughout the episode of care for

the member

Therapist performs

date should remain



10 © 2020 AIM Specialty Health_® Proprietary and confidential

request.

Review responsibility



will perform...

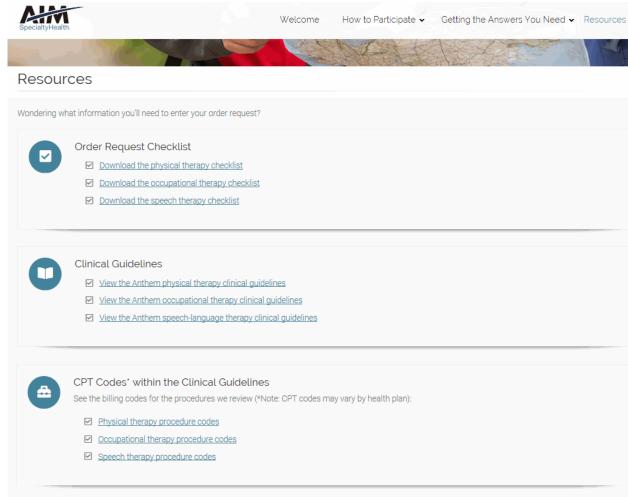
- Prospective reviews
- ≤2 Day service grace period
- Reconsiderations up to 10 business days with additional information (Commercial, Medicaid)
- Valid timeframe for requests are based on the number of visits that are allocated (or state mandate)
- Peer to Peer / Therapist to Therapist discussion

Healthy Blue | Health

- Inpatient and home health requests
- Unspecified codes not managed by AIM
- >2 Day retro review
- Appeals (and reconsideration for Medicare)
- Pre-Authorization requirements prior to AIM's effective date
- Responding to member questions



Rehabilitation microsite – resources



?

Getting the answers you need <u>Frequently Asked Questions (FAQs)</u> <u>Rehabilitation Overview</u>

https://aimproviders.com/rehabilitation/resources/

Resources Section

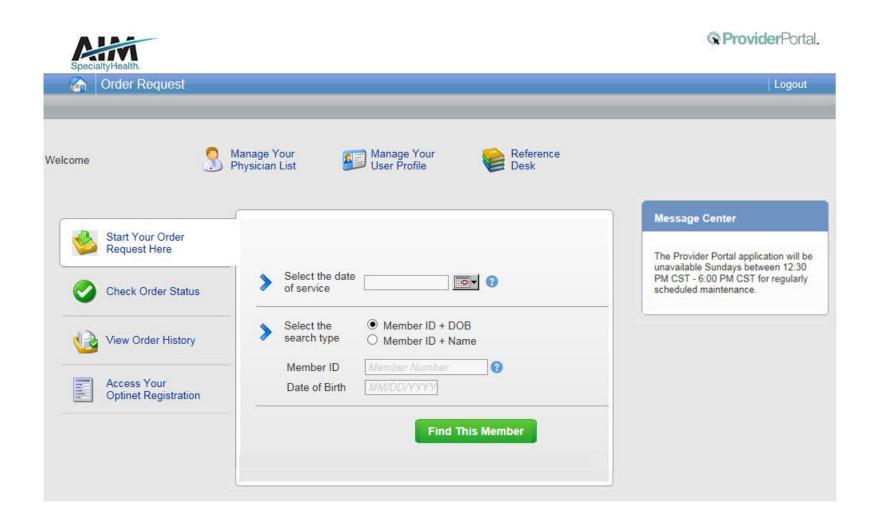
- Checklists containing the information needed for requests, including a list of the functional tools and score values
- Link to Clinical Guidelines
- CPT Codes included in the program
- Portal Login Issues (800) 252-2021
- Rehab Questions for providers only rehabprogram@aimspecialtyhealth.com



ProviderPortal Demo



Portal home page



Create a pre-authorization request:

- 1. Please enter the treatment start date in the "Date of Service"
- 2. Provide the following member information:

Member ID and date of birth

or

Member ID and name

3. Next, chose "**Find this Member**" to search for your member.



Step 1 – select member



Step 1: Please select the member from the list below.

M	ember Search Results					Records Per Page 10 🔽
Member Name	Member Number	Relation	Sex	Date of Birth	State	Health Plan
Demo, Emma	00000000	Employee	F	xx/xx/xxxx	IN	Anthem BCBS

Total Number of Records Found:

Change Member Search Criteria

Delete This Request

Select your member from the search results by clicking on the **member name**.

If your member does not appear in the results, you can change your criteria and search again using the "Change member search criteria" button.



More than one result?



Step 1: Please select the member from the list below.

Member Search Results					Records Per Page 10 💌			
Member Name	Member Number	Relation	Sex	Date of Birth	State	Health Plan		
DEMO, EMMA	00000000	Spouse	F	xx/xx/xxxx	IN	Anthem		
DEMO, EMMA	00000000	Spouse	F	xx/xx/xxxx	IN	Anthem		
Total Number of Records Found	1:2							
				Change Member Se	arch Criteria	Delete This Reques		

If the search results in more than one record, try selecting the last record in the list.

If that record doesn't require a preauthorization, go back and select the other record.



Select Rehabilitation

6	rder Request				Logout
					Step: 12345
Den	no, Emma 💉 Edit		Show Details		
Select ti	he order type for this request. Th	en click (Continue below.		
•••	Diagnostic Imaging	-100	Cardiovascular	r	Sleep Management
View Code List	Includes: Angiography, Bone Density CT, CTA, MRA, MRI, Nuclear Medicine, PET	View Code List	Includes: Angiography, percutaneous coronary revascularization, arterial ultrasound	View (
	Musculoskeletal	6	Radiation Therapy		Chemotherapy and Supportive Drugs
View Code List	Includes: Joint Surgery, Spine Surgery & Interventional Pain Management	View Code List	Includes: 2D/3D, Brachytherapy, IGRT, IMRT, IORT, Proton, Stereotactic (SRS/SBRT), SIRT		Includes: Review of cancer drugs, side effect management and treatment pathways
8	Genetic Testing		Other Surgical Procedures	1	Rehabilitation
	Includes: Laboratory testing for the inheritance or management of genetic conditions	View Code List	includes: Arthroscopy, Colonoscopy & Endoscopy		Includes: Physical Therapy, Occupational Therapy and Speech Therapy
Delete This	Request				Continue

On the order type screen, select "Rehabilitation" and then select the "Continue" button.

Note: only programs that are currently managed by AIM for the selected member will display on the order type selection screen.

If there is no rehabilitation tile

R21	02 🥓 Edit	Health	Plan:	Anthem National
Select	the order type for this reque	st. The	n click (Continue below.
	Diagnostic Imaging		-100	Cardiovascular
View Cod List	 Includes: Angiography, Bone Density CT, CTA, N MRI, Nuclear Medicine, PET 	IRA,	View Code List	Includes: Angiography, percutaneous coronary revascularization, arterial ultrasound

If the rehabilitative tile is not displayed, that is an indication the member is not managed by AIM for rehab services.

Check the Health Plan name, for example, if it indicates Healthy Blue, their members are currently not participating.



Step 1 – review member information

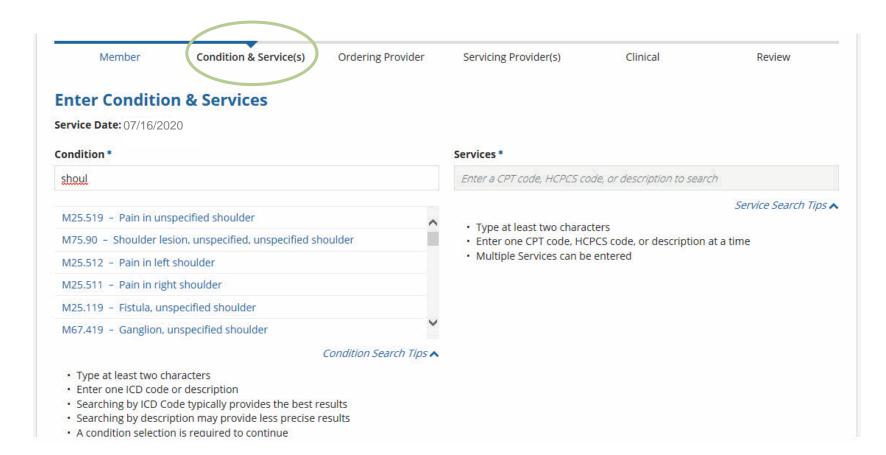
Member	Condition & Service(s)	Ordering Provider	Servicing Provider(s)	Clinical	Review
Member Summ	ary				
Service 07/16/2020 Date:					
Selected Member					
B DEMO, EMMA	l.				🖋 Change Member
123 Somewhere		Phone:	(xxx) xxx-xxxx	DoB:	xx/xx/xxxxx Age: 40 F
Indianapolis, IN 46230		Email:	Name@email.com		
Demographics					Show Demographics
Available Solutions					Show Solutions
Enrollment					Show Enrollment

Select "Continue" to move forward with your request.

If the member is not the correct member, select "Change Member".



Step 2 – select primary diagnosis

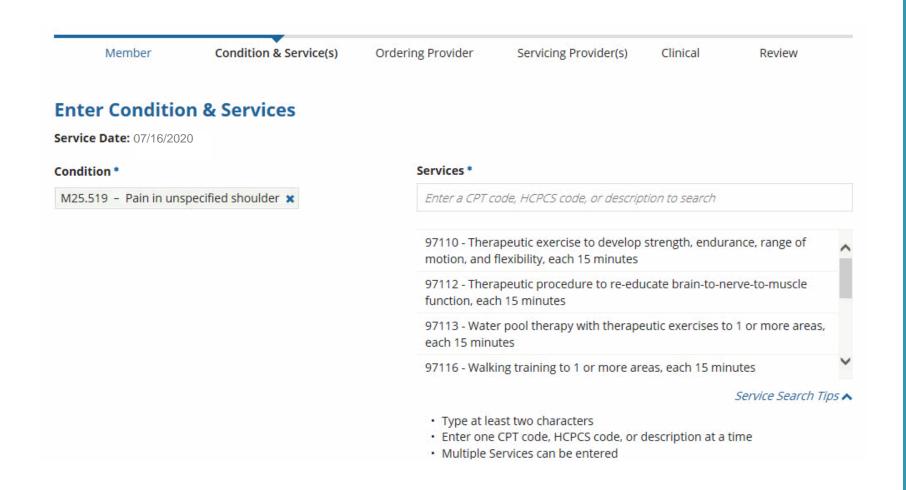


Search for the primary diagnosis by the description or ICD code.

The diagnosis could be the ICD-10 code provided by the ordering / referring physician or if you are in a direct access state, the ICD-10 code that the therapist is allocating for this member.



Step 2 - select service(s)



There are two options for the CPT code entry:

Option 1

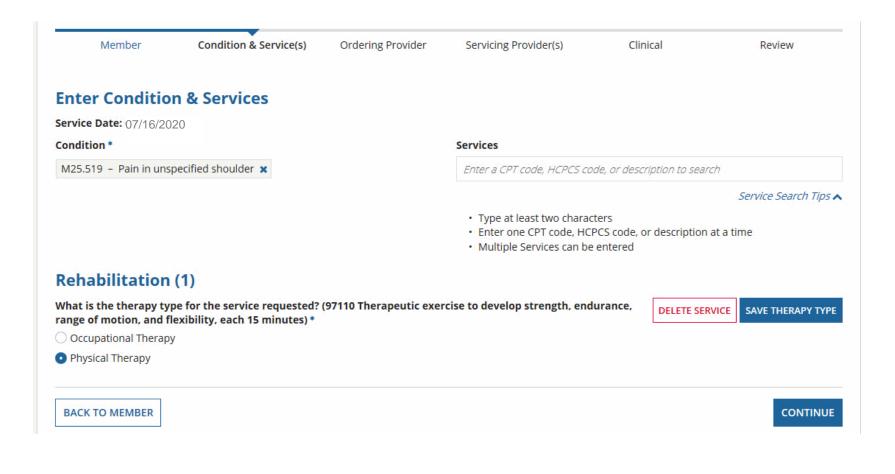
- Commercial Enter one CPT code within the program (per discipline) and any code within the program would be authorized with a number of visits if criteria is met
- Medicaid Enter one CPT code within the program (per discipline) and any code within the program would be authorized with a number of visits if criteria is met
- Medicare Enter any of the following codes individually if applicable (97024, 97026, 97032, 97033, 97035) and any other CPT code within the program not listed above

Option 2

Enter all potential CPT codes that will be included in the treatment



Step 2 – identify the therapy type



When the selected CPT code exists in more than one discipline, the system will prompt you to select which therapy you are requesting.

Once all of the CPT codes have been selected, select the "Continue" button.

No pre-auth from AIM is required messages

Member is showing as ineligible and is currently not being managed by AIM at this time.

Member Eligibility

services for this member for the service date entered do not require pre-authorization by AIM. Please note that benefit limits, if applicable, will still be applied.

Member is not being managed by AIM for the selected therapy services at this time.

Member Eligibility

O Physical Therapy services for this member for the service date entered do not require pre-authorization by AIM. Please note that benefit limits, if applicable, will still be applied.

No pre-authorization is required due to member's age.

Member Eligibility

O An authorization from AIM is not required at this time due to the age of this member.

There are different circumstances where a pre-authorization is not required from AIM at the time of the request.

The system displays one of these message to indicate a preauthorization is not required from AIM at this time.



Step 2b – enter episode of care metrics

Member Condition & Service(s)

Service(s) Ordering Provider

Servicing Provider(s)

Clinical

Review

Physical Therapy

Is this a request to provide autism services for a confirmed diagnosis of autism spectrum disorder or pervasive developmental delay (a primary diagnosis of one of the following ICD-10 codes: F84.0, F84.2, F84.3, F84.5, F84.8, or F84.9)? 🕜 *

O No

2

Was an evaluation performed by a therapist or a licensed qualified provider of therapy services? *

O No

What was the Evaluation Date? *

mm/dd/yyyy

Enter the episode of care metrics.

- Indicate if this request is to provide services for a confirmed dx of autism or pervasive developmental delay as specified by the listed ICD codes. (For some members, a "Yes" answer will result in no pre-auth from AIM).
- Next, indicate if an initial evaluation has been performed. (A "No" answer will provide you with 1 visit to allow you to perform the initial evaluation).
- 3. If an initial evaluation was performed, enter the initial evaluation date. Please keep this initial evaluation date consistent throughout the episode of care



Step 2 – episode of care entry continued

Select the Functional Tool used from the groups provided. Up to two (2) functional tool scores can be entered.*

0-9 A-C D-F G-K L-P Q-Z TOOL NOT LISTED

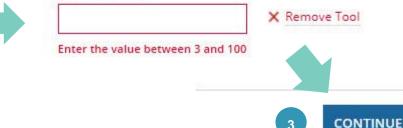
- O DASH Disabilities of Arm, Shoulder, Hand
- ODDST-II Denver Developmental Screening Test II
- O Dizziness Handicap Inventory
- O Dynamic Gait Index
- O ESDM Early Start Denver Model
- O FIM Functional Independence measure
- O Foot and Ankle Ability Measure
- O FOTO Ankle/Foot
- FOTO Elbow/Wrist/Hand
- FOTO General Orthopedic
- FOTO General Physical Functioning
- FOTO Hip
- FOTO Knee
- O FOTO Low Back
- O FOTO Neck
- O FOTO Shoulder

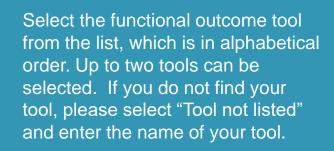
O Functional Gait Assessment

ADD TOOL

If an additional Functional Tool Score was used, add the tool and provide the score.

FOTO Shoulder*





- Once you find your tool, select "Add tool"
- 2. Then enter the tool score (note there may be some tools that do not require a score).
- 3. Select "Continue" once done the tool(s) have been selected.



Step 3 – search and select referring provider



▲ Fewer Search Options | Search Tips ∨



1. Search for the referring provider. For commercial plans, for some states there is a direct access option.

When searching for a provider, the less information entered the better. ** Update: City and State are required

Using the fictitious provider "Joe Smith, TIN 123456789, 3333 Nowhere avenue, Munster, IN, 46321" to illustrate some of the search options below:

- TIN (or NPI), state and city (example: TIN 123456789, Munster, IN)
- State, city and part of address (example: IN, Munster, 3333)
- Part of provider name, city and state (example: Jo, Munster, IN)
- 2. Select provider if found in results.

3. If provider is not found, select "Add provider" link



Step 4 – select facility and place of service



Servicing Facility Search

Provider Name		Address		City *		State *	ZIP Code
						Indiana	•
IPI	TIN		Phone		Closest to 📀 Ordering Provider	Member	
Fewer Search O	ptions Search Tip	5 🗸					2 SEARCH
						Select	
						Office	
						Outpatient	t Hospital
						Independe	ent Clinic
						Telehealth	
						Select	

2. Search for the facility.

When searching for a provider, the less information entered the better. ** Update: City and State are required

Using the fictitious provider "ABC Therapy, TIN 123456789, 3333 Nowhere avenue, Munster, IN, 46321" to illustrate some of the search options below:

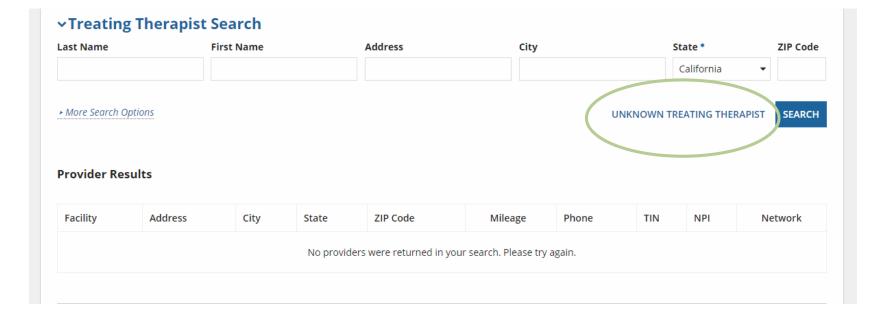
- TIN (or NPI), state and city (example: TIN 123456789, Munster, IN)
- State, city and part of address (example: IN, Munster, 3333)
- Part of provider name, city and state (example: Therapy, Munster, IN)
- 3. Select provider if found in results.

If provider is not found, select "Add provider" link

4. After selecting the facility, select the place of service



Step 4 – select therapist (optional)

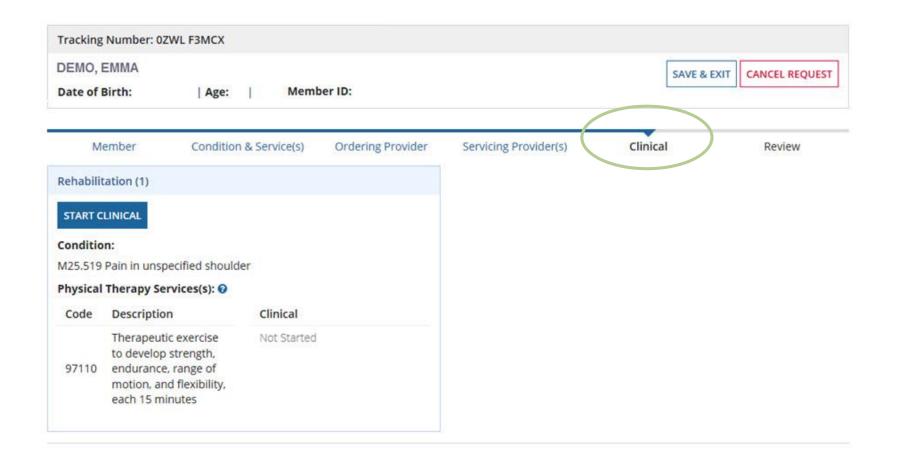


Selecting the treating therapist is optional unless they will be the billing entity.

Otherwise, you can select "Unknown Therapist"



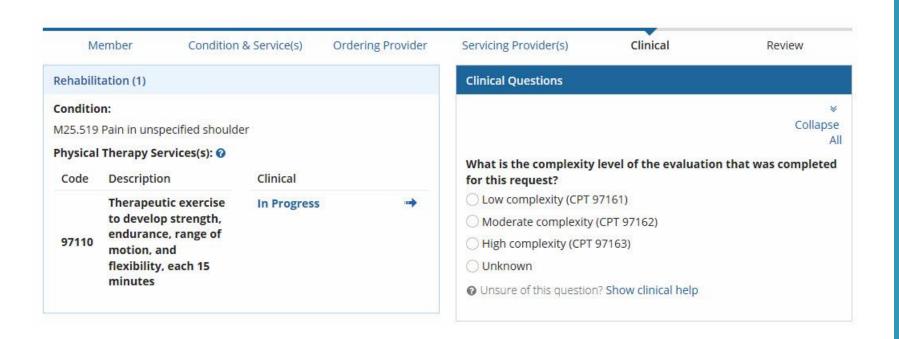
Step 5 – start the clinical entry



Based on the member clinical scenario and whether it is an initial or subsequent request, you will need to answer some clinical questions.

Select "Start clinical" button





Based on the answer you provide, the next question will be displayed.

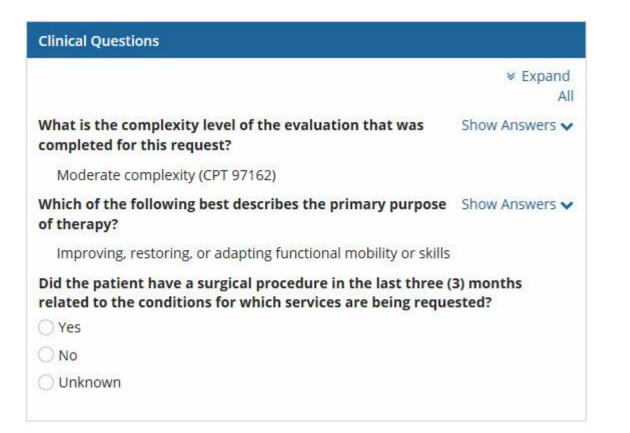


Clinical Questions All What is the complexity level of the evaluation that was Show Answers V completed for this request? Moderate complexity (CPT 97162) Which of the following best describes the primary purpose of therapy? O Developing age appropriate skills which were previously undeveloped or keeping functions which are at risk of being lost Improving, restoring, or adapting functional mobility or skills O Maintaining the current level of function, range of motion, strength, pain, or balance C Enhancing athletic performance or for recreational capability Providing massage therapy Elastic therapeutic taping (eg, Kinesio Tape) None of these apply

Based on your answer, the next question will display.

You can change the previous answer by selecting "show answers".





Based on your answer, the next question will display.

You can change the previous answer by selecting "show answers".



Did the patient have a surgical procedure in the last three (3) months Show Answers V related to the conditions for which services are being requested?

No

Select all conditions expected to impact treatment:

Morbid obesity

Respiratory disorders

Cognitive impairment

Diabetes mellitus

Musculoskeletal disorders

Neurological condition

Ongoing dialysis or cancer treatment

Current pregnancy or recently postpartum

Psychological disorders

Uncorrected hearing or vision impairment

Social determinants of health

None of these apply

Unknown

Continue 🗸

O Unsure of this question? Show clinical help

Based on your answer, the next question will display.

If you need additional information on what is included on some of choices, select "show clinical help" for more details.



Please attest to all of the following:

	Attest	Do not attest
There is a complete plan of care documented. (Plan of care includes short- and long-term goals, objective assessments used, and estimated frequency and duration of treatment)	0	0
t is expected that functional improvement will be achieved and documented over a reasonable and predictable timeframe.	•	0
The services will be delivered by a qualified provider of ohysical therapy.	0	0
		SAVE
DSE		

You will be asked to attest to three requirements as specified in the guidelines.

Next, you will need to "save" your answers and select "Continue".



Step 6 – review collected information

Tracking Number: 02	ZWL F3MCX				
DEMO, EMMA					
Date of Birth:	Age: Memb	er ID:			
Member	Condition & Service(s)	Ordering Provider	Servicing Provider(s)	Clinical	Review
Member Contact Info	ormation				
Confirm the Member	's Phone Number and Email Ad	ddress			
Phone	Phone Type	Email		Email Typ	pe
	Select	•		Select	
Unable to confirm	phone	Unable to con	nfirm email		

WITHORAW ORDER

Rehabilitation Order Preview

Please review your responses for this request, and select submit when complete.
 Services Requested (1)

Sei liess liedorale	7.5%	
Service Date		▲ Hide Details
Condition	M25.519 Pain in unspecified shoulder	Edit Condition & Services Edit Clinical
Physical Therapy	Service(s):	
Code Descrip	tion	
97110 Therape	utic exercise to develop strength, endurance, range of motion, and	f flexibility, each 15 minutes
Ordering Provider		
PATEL, C		Change Ordering Provider Show Details
Servicing Facility (Billing Provider)	
PHYSICA	AL THERAPY INC	Change Servicing Facility Show Details
Treating Therapist	¢	
() Unknown		Change Treating Therapist AHide Details
BACK TO CLINICAL		SAVE & EXIT SUBMIT ORDER

The Order Request Preview allows you to review the information prior to submission and make any necessary modifications

Press the "Submit This Request" button once you have verified all of the information.



Order request results (after submission)

ART REQUEST MY	O S Y PROFILE CHECK STATUS	OProvider
Order Su	ummary	
	454 A	ProviderPortal Home
DEMO, EN	AWWA	Member ID:
Rehabili	tation	WITHDRAW ORDER
Order ID:	0S7WRJ6T9	Email link to review this case: Send Email
Valid Dates:	07/16/2020 - 09/15/2020	
Rehabilitation Vi	isits	
Approved Visits:	: 6	
visits approved. for how to appea	If you request more visits during the call and w al and we will approve the number of visits indi	vill require you to speak to an AIM clinical reviewer to discuss the possibility of getting additional ve do not approve them, we will send you a denial notice for the additional visits with instructions cated above. Please note that the number of approved visits for this request may not be the total vays return to request additional visits at any time if the member requires additional therapy.

for and a set of the second with the second way and a second second with the second second second second second

Requests that meet clinical criteria will be receive an immediate response with an Order number, approved visits and authorization valid timeframe.

Please note that the number of approved visits for this request may not be the total number of visits needed under the treatment plan. You can always return to request additional visits if the member requires additional therapy

If the request does not meet criteria, your request will be sent for clinical review. You can contact AIM to discuss your request at any time.



When uploads are required

Rehabilitation

WITHDRAW ORDER

Order Status:

OPEN

🗈 Email link to review this case: Send Email

Further Review is required

This request requires you to upload the documentation listed in the Document Manager section.

In addition you have the following options:

- The ordering or treating provider has the opportunity to call and speak with an AIM Therapist or Physician Reviewer at any time.
- Withdraw this Physical Therapy case.

Document Manager

Upload the following documentation required for Clinical Review

Initial evaluation and plan of care

Subsequent plans of care

Relevant progress reports

Last three (3) daily notes

UPLOAD Drop files here

When documentation is required, the system will indicate that an upload of documents is needed.

The list of requested documents can be found in the document manager.



Finding a case using the tracking number

ind Orders				
earch For earch Type	💿 Order History 🔘	My History Member ID *	Order / Tracking I	De
Order / Trackin <mark>g</mark> ID			Enter Tracking Nu	mber
RESET SEARCH				SEARCH

After submitting a request, you will be able to find out the status and review the information, by selecting "Check Status".

Also while creating a request if you need to stop and finish later, select the "Save and Exit" button at time during the request creation. You can utilize the "Check Status" button to find and continue with your request.



rehabprogram@aimspecialtyhealth.com



QUESTIONS

Thank you for attending!



Sleep Management Program provider website: www.aimspecialtyhealth.com/providerportal-sleep/

* AIM Specialty Health is an independent company providing some utilization review services on behalf of Healthy Blue.

Healthy Blue is the trade name of Community Care Health Plan of Nebraska, Inc., an independent licensee of the Blue Cross and Blue Shield Association.

BNEPEC-0140-20 October 2020

State approval: 09/30/2020

