



Hot Tip: Asthma

Your Healthy Blue patients may experience a pharmacy claim rejection when prescribed non-preferred products. To avoid additional steps or delays at the pharmacy, consider prescribing preferred products whenever possible. Utilization management edits may apply to select preferred products. For additional information, please review our pharmacy coverage on the Healthy Blue website at <https://provider.healthybluene.com>.

| Therapeutic class | Preferred products | Nonpreferred products ¹ |
|-------------------------|---|--|
| Inhalers – short acting | Proventil HFA inhaler (albuterol) Ventolin HFA inhaler (albuterol) | Levalbuterol HFA ² (generic Xopenex HFA) ² Proair digihaler (albuterol) Proair RespiClick (albuterol) Albuterol HFA (generic ProAir HFA, Proventil HFA, and Ventolin HFA) |
| Inhalers – long acting | Serevent (salmeterol) | Striverdi Respimat (olodaterol) |

¹ Non-preferred agents will be approved for patients who have failed a trial of **one** preferred agent within this drug class.

² Levalbuterol HFA: covered for cardiac diagnoses or side effect of tachycardia with albuterol product.

| Therapeutic class | Preferred products | Nonpreferred products ¹ |
|--|--|--|
| Inhalers – Glucocorticoids | Asmanex (mometasone) ^{QL, AL} Flovent HFA (fluticasone) Pulmicort flexhaler (budesonide) | Alvesco (ciclesonide) ^{AL, CL} Armonair digihaler (fluticasone) ^{AL, QL} Armonair respiclick (fluticasone) ^{AL} Arnuity ellipta (fluticasone) Asmanex HFA (mometasone) ^{CL, AL, QL} Flovent diskus (fluticasone) fluticasone HFA (generic Flovent HFA) QVAR (beclomethasone) QVAR redihaler (beclomethasone) |
| Inhalers – Glucocorticoid/Br onchodilator combinations | Advair Diskus (fluticasone/salmeterol) ^{QL} Advair HFA (fluticasone/salmeterol) ^{QL} Dulera (mometasone/formoterol) Symbicort (budesonide/formoterol) | Airduo digihaler (fluticasone/salmeterol) ^{AL, QL} Breo ellipta (fluticasone/vilanterol) Breztri (budesonide/formoterol/glycopyrrolate) ^{QL} Budesonide/formoterol (generic Symbicort) Fluticasone/salmeterol (generic Advair Diskus) ^{QL} Fluticasone/salmeterol (generic Airduo respiclick) |

| | | |
|--|--|---|
| | | fluticasone/vilanterol (Breo Ellipta) Trelegy ellipta (fluticasone/umeclidinium/vilanterol) Wixela inhub (generic Advair Diskus) ^{QL} |
|--|--|---|

¹ Non-preferred agents within the Glucocorticoids and Glucocorticoid/Bronchodilator combo groups will be approved for patients who have failed a trial of **two** preferred agents within the drug class within the last six months.

| Therapeutic class | Preferred products | Nonpreferred products ¹ |
|--|---|---|
| Inhalers – Chronic Obstructive Pulmonary Disease (COPD) Agents | Anoro ellipta (umeclidinium/vilanterol) Atrovent HFA (ipratropium) Combivent Respimat (albuterol/ipratropium) Spiriva (tiotropium) Stiolto Respimat (tiotropium/olodaterol) | Bevespi aerosphere (glycopyrrolate/formoterol) Duaklir pressair (aclidinium br and formoterol fum) Incruse elipta (umeclidinium) Spiriva Respimat (tiotropium) Tudorza pressair (aclidinium br) |

¹ Non-preferred agents will be approved for patients who have failed a trial of **one** preferred agent within this drug class **or** patient specific documentation of inability to use traditional inhaler device.

If you have questions regarding this *Hot Tip*, call Provider Services at **833-388-1406** Monday to Friday from 7 a.m. to 8 p.m. CT.



Email is the quickest and most direct way to receive important information from Healthy Blue.



To start receiving email from us (including some sent in lieu of fax or mail), submit your information using the QR code to the right or via our online form (<https://bit.ly/3oXHYBP>).