

#### **Interactive Care Reviewer**

Submit and inquire about behavioral health authorizations

#### Course objectives

After completing this course, participants will be able to:

- List the benefits of using the Interactive Care Reviewer (ICR).
- Identify the services available on the ICR for authorizations.
- Access ICR through the Availity\* Portal.
- Create an authorization.
- Inquire about a previously submitted authorization.

#### **Agenda**

#### Agenda for this course:

- To review the benefits of using the ICR for member authorizations
- To create and submit inpatient/outpatient requests
- To inquire about an existing request

#### ICR details

The ICR brings improved efficiency to the precertification process:

- Physicians and facilities can submit authorization requests for behavioral health services, including acute inpatient stays, residential and rehabilitation stays, intensive outpatient and partial hospital programs, electroconvulsive therapy, and psychiatric testing.
- Ordering and servicing physicians and facilities can use the inquiry feature to find information on any authorization with which their tax ID/organization is affiliated.

## Advantages of using the ICR

You'll see great advantages in using the ICR. The ICR improves the efficiency of the authorization process:

- Authorizations are in one place and are accessible at any time by any staff member:
  - This means there's no need to fax! Reduced paperwork!
  - You can quickly check authorization status online and update requests.
  - Proactive communication is conducted via email updates.
  - You can attach and submit clinical notes and supporting images.
  - You have the ability to inquire on authorization requests submitted via phone, fax, ICR, or other online tool.

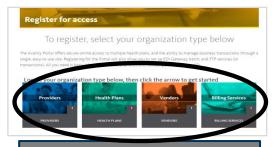
# Accessing the ICR

Access the ICR via the Availity Portal (<a href="https://www.availity.com">https://www.availity.com</a>).

(3)







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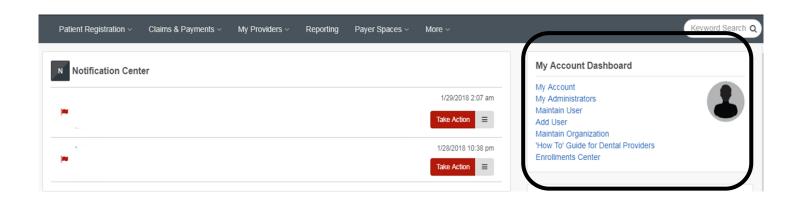
Select the appropriate organization type link, and you will be redirected to the Registration Form.



The person starting the registration process agrees to be the administrator for the organization and can now register for the Availity Portal.

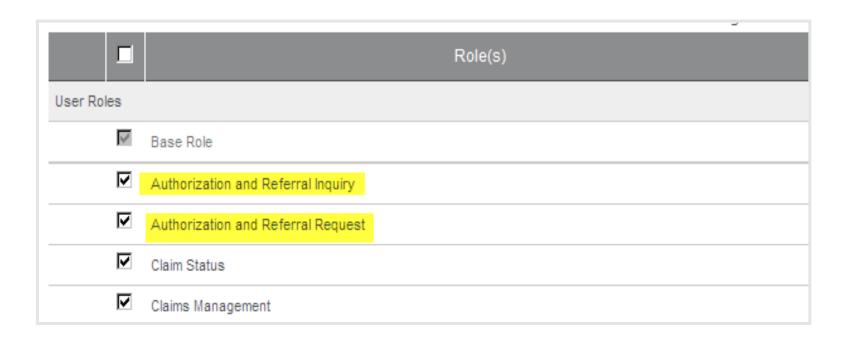
# **Availity administrator: Granting access on the Availity Portal**

Your organization's Availity Portal administrator can select **Maintain User** from their *Account Dashboard*, located on the upper-right corner of the homepage to add functionality to an existing user. To create a new access, the administrator selects **Add User**.



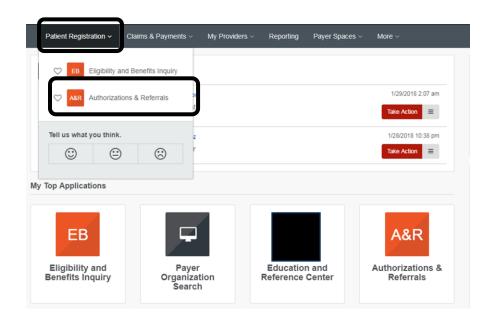
# Availity administrator: Granting access on the Availity Portal (cont.)

 Assign users the roles of Authorization and Referral Inquiry and Authorization and Referral Request.

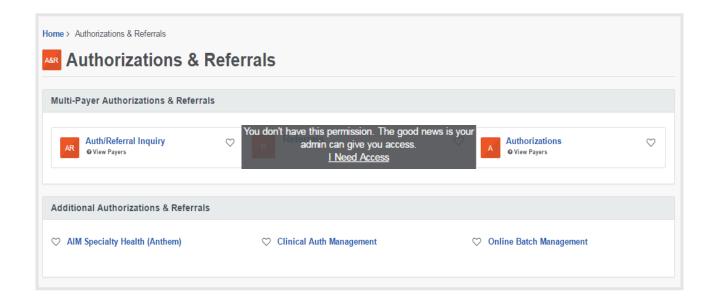


## **Accessing the ICR**

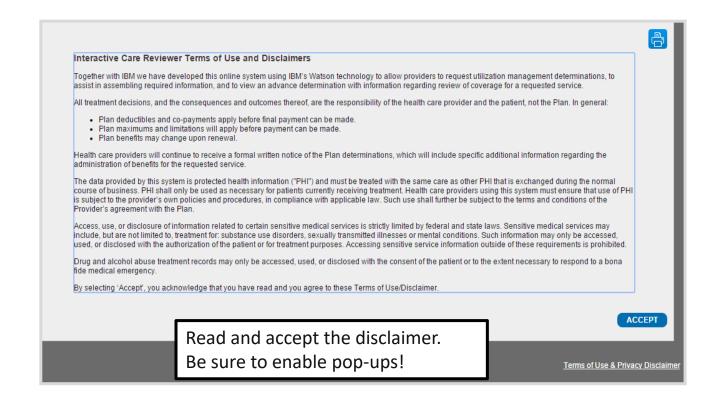
To access the ICR from the Availity Portal, choose **Authorizations & Referrals** under the *Patient Registration* link on the top navigational bar.



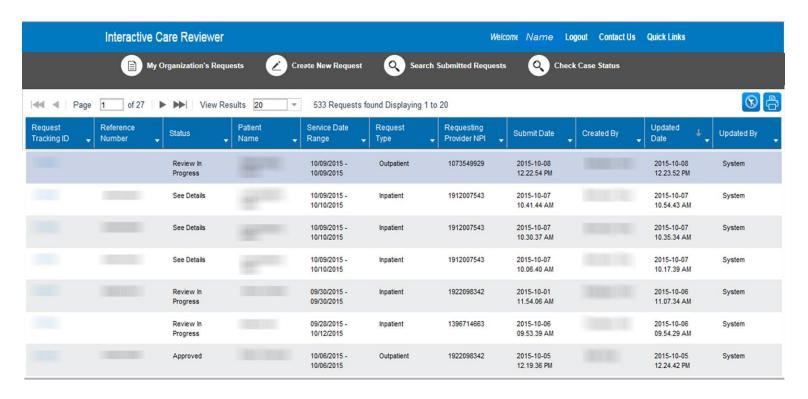
# Accessing the ICR (cont.)



#### ICR Terms of Use and Disclaimers

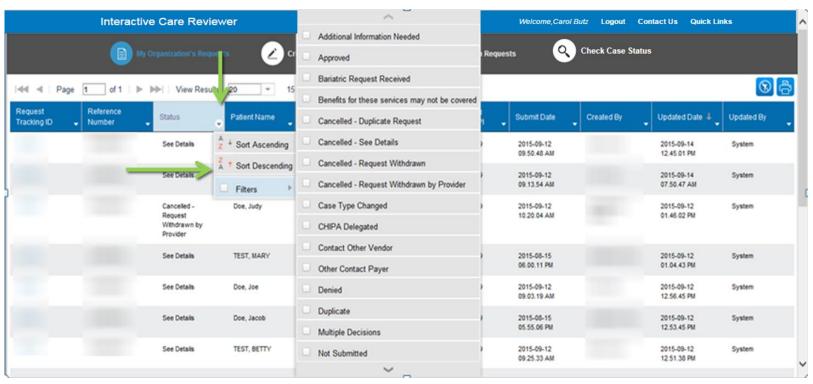


# The ICR landing page/dashboard



The dashboard displays requests submitted, requests not yet submitted, cases requiring additional information, and cases where a decision has been rendered.

## The ICR landing page/dashboard (cont.)



All columns have up and down arrows for quick sorting. Some also have a filter option (shown here).

#### ICR dashboard tabs



#### Tabs across the top of the dashboard:

- My Organization's Requests is the home page of the application and displays the dashboard.
- Create New Request is used to start a new inpatient or outpatient request.
- Search Organization Requests allows for the ability to search for any ICR case requested by your organization or any request with which your organization is associated. This includes requests with a status of review not required.

# ICR dashboard tabs (cont.)



• Check Case Status allows for the ability to view any cases submitted associated with the tax ID(s) on the request. This includes submissions by phone, fax, etc.

Note: In order to view the authorization/referral, the case must be associated with the tax ID listed under the organization you selected in the Availity Portal.



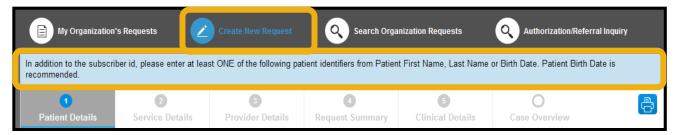
#### Creating a new request

Do you want to verify if an authorization is required? The ICR gives you quick access to that information in most cases. Enter:

- Patient information.
- Diagnosis and procedure information.
- Provider details.

A message will appear indicating whether or not an authorization is required for most requests. This information can be printed or saved to a PDF and is available later via an ICR search.

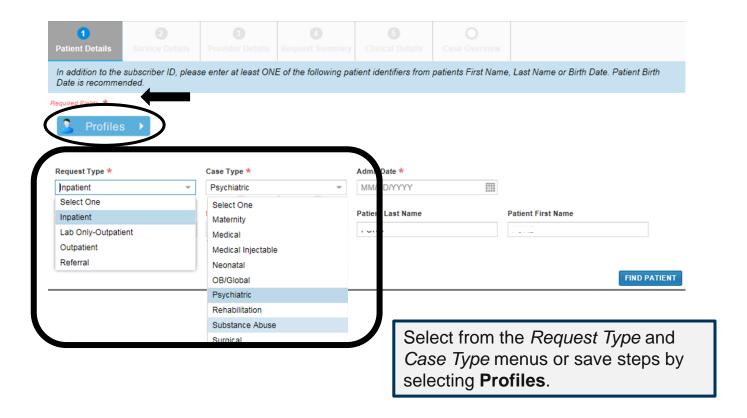
## Starting a new request on the ICR



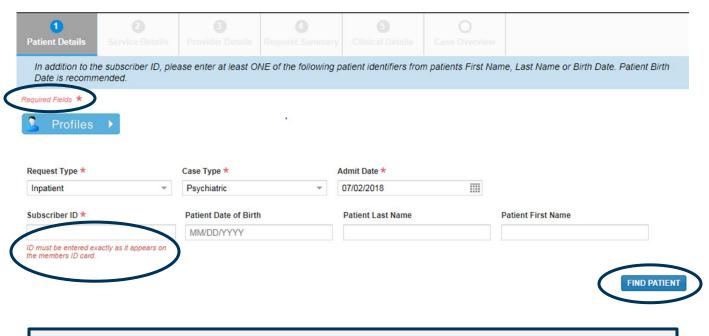


- Select Create New Request from the ICR dashboard tab.
- Watch the blue bar for messaging. Errors turn the box red.
- Menu bar shows where you are.

#### **Patient details**



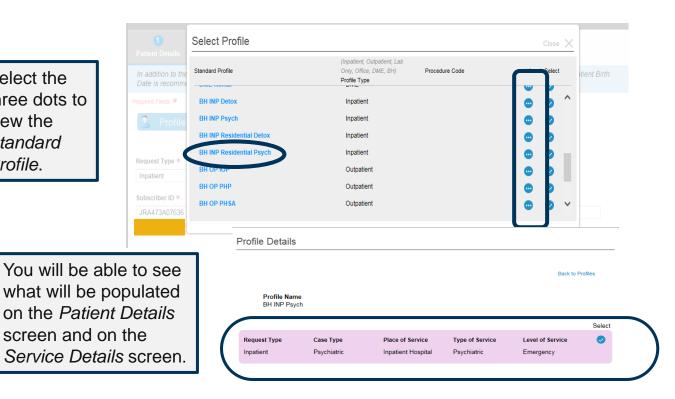
## Patient details (cont.)



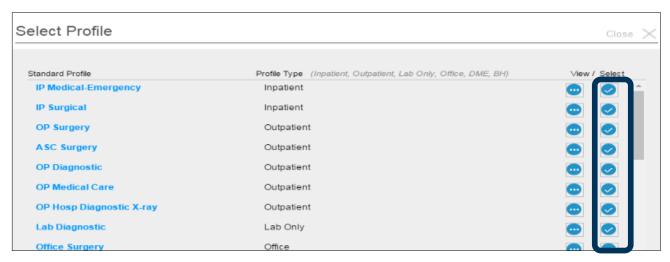
Complete all required fields, then select Find Patient.

# Profile templates

Select the three dots to view the Standard Profile.

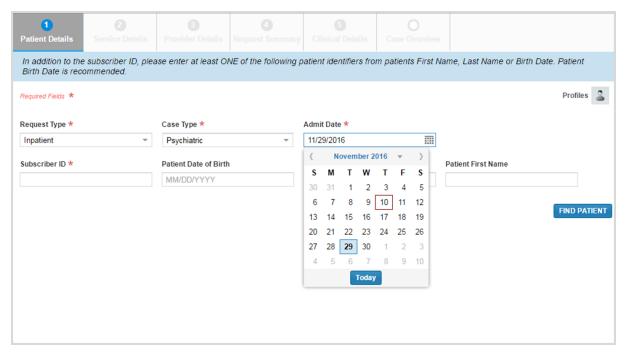


# Profile templates (cont.)



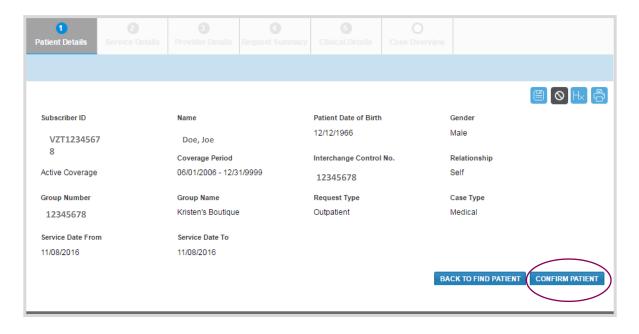
Select the check mark to select a standard profile. This action will populate the mandatory *Request Type* and *Case Type* fields on the *Patient Details* screen and *Place of Service*, *Type of Service*, and *Level of Service* on the *Service Details* screen.

# Patient details: Date of service (Inpatient — admit date)



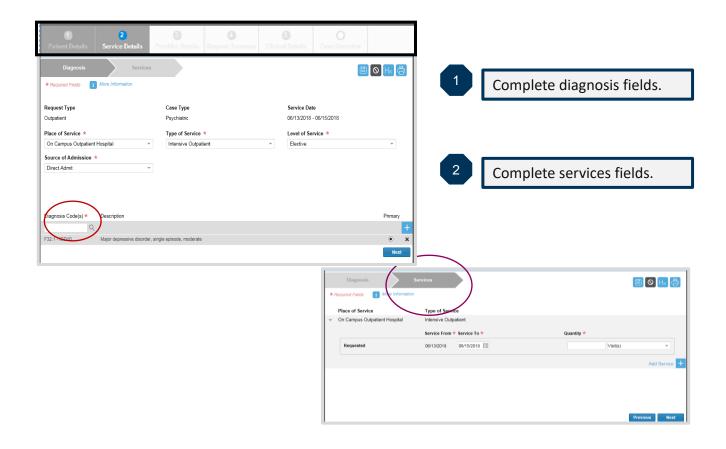
The admit date **cannot** be changed once the case is submitted!

#### **Patient details**

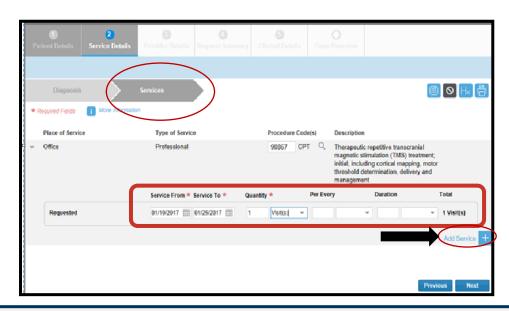


A message in the blue bar will indicate if the member's preauthorization cannot be completed using the ICR.

# Service details (Outpatient examples)

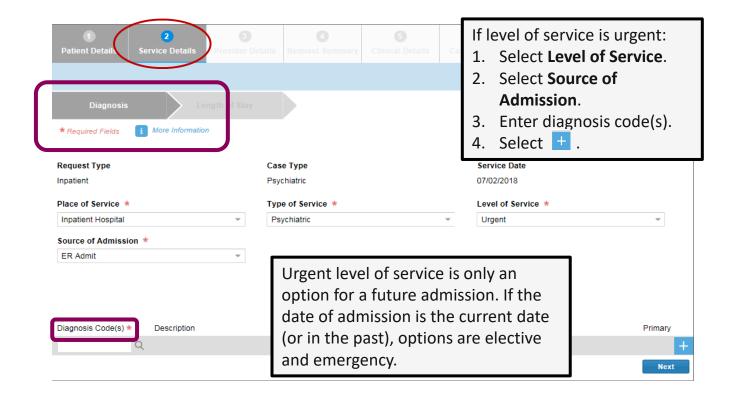


# Service details (Outpatient examples) (cont.)

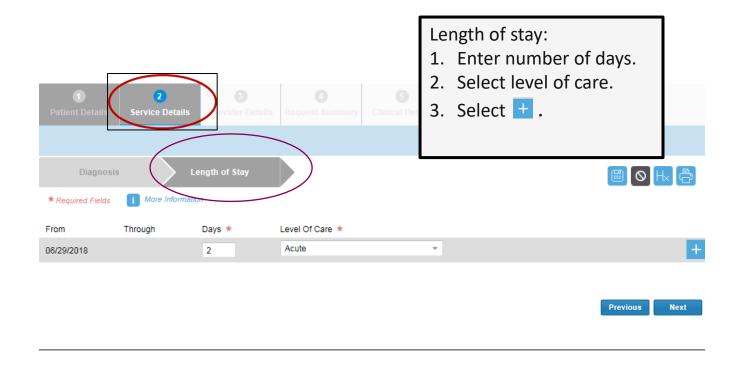


Select plus sign again to enter that procedure to case before selecting the **Next** button.

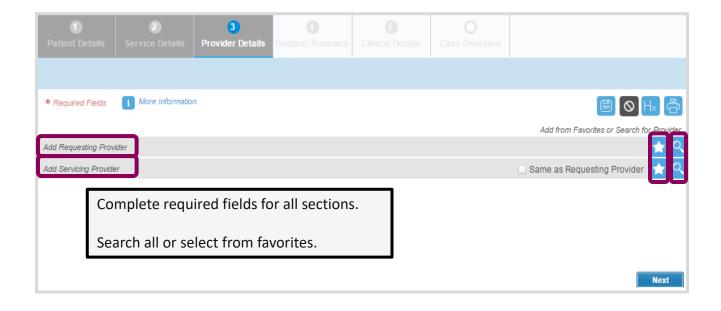
## Service details: Diagnosis (Inpatient)



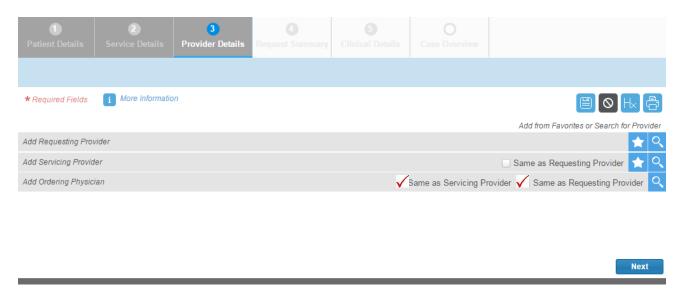
# Service details: Length of stay (Inpatient)



#### **Provider details**

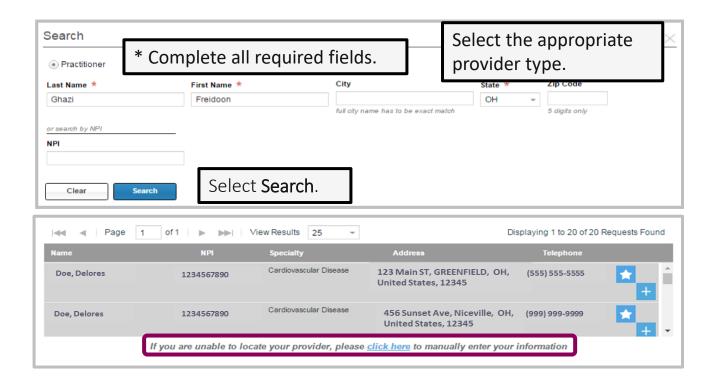


# Ordering provider



The Ordering Provider Information section appears for some specific outpatient requests. Examples include: Place of Service — Home or Type of Service — Diagnostic Lab, Dialysis, Durable Medical Equipment, Home Health Care, Physical Therapy, and Radiation Therapy.

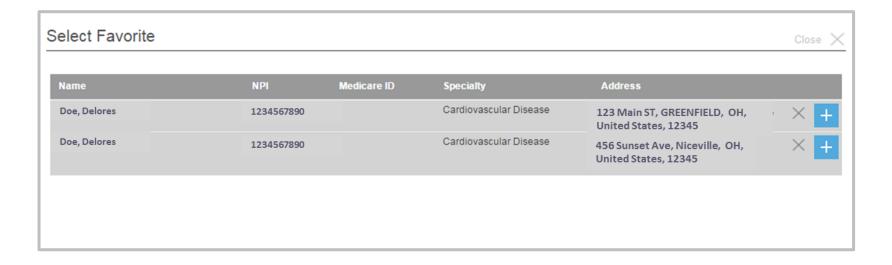
#### **Provider details**



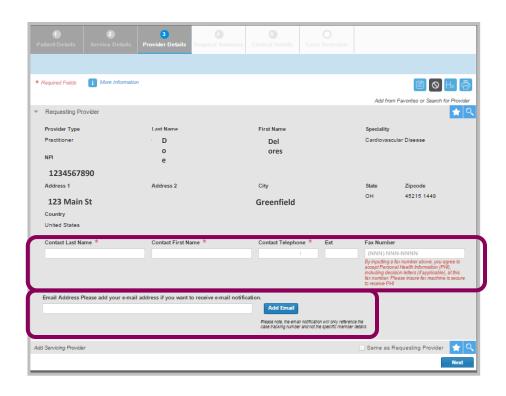
#### **Favorites**

You can save up to 25 favorites for:

- Requesting providers.
- Servicing providers.
- Facility DME providers.
- Refer-to providers.

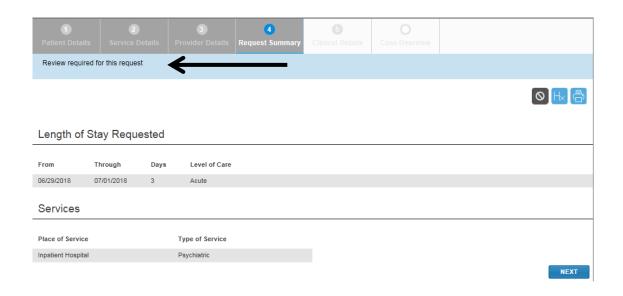


#### **Provider details: Contact information**

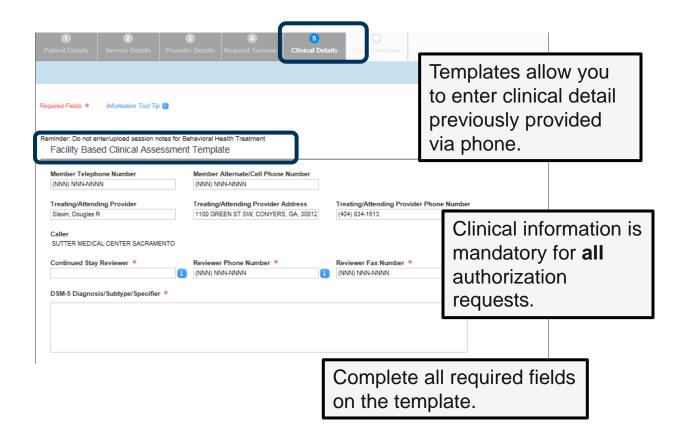


#### Request summary

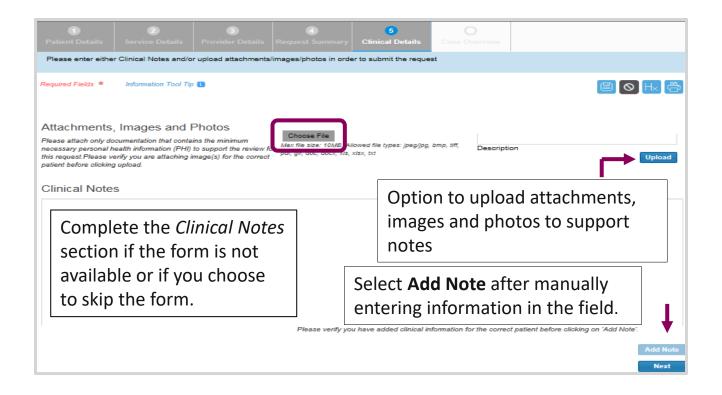
The Request Summary page is where you will be able to verify whether the services require prior authorization. If the services do not require prior authorization, you can note the tracking ID and close out the request. If you need to search for it later, you can locate the request by the tracking ID or patient information.



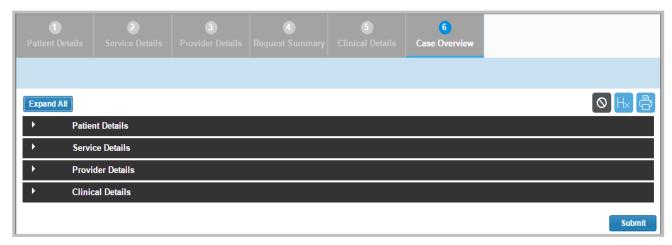
#### Clinical details: Provider form



## Clinical details: Provider form (cont.)

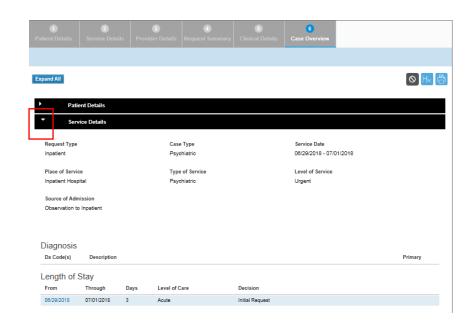


#### Case overview



View all the details of the request you entered for a final time before they are submitted.

#### Case overview (cont.)



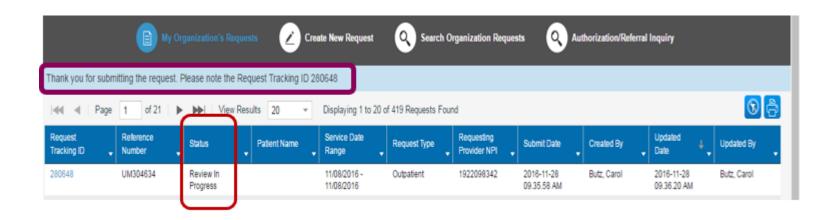
Select **Expand All** to review all sections.

Select the arrow to expand one section.

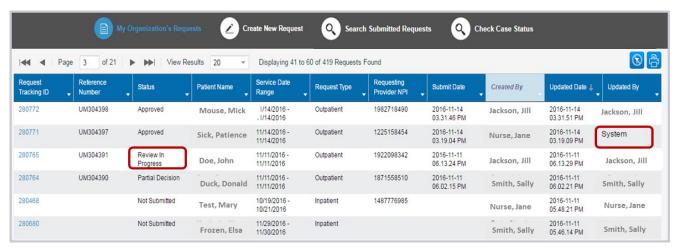
To modify information, select the title of the page to go back and edit fields. Select **Submit** to do the final submit for your request.

#### Submitted request in ICR

Once a request has been submitted, the dashboard will appear, and the new request will be viewable at the top with a *Review In Progress* status. Confirmation that it was submitted, and the tracking ID will be viewable in the blue bar.

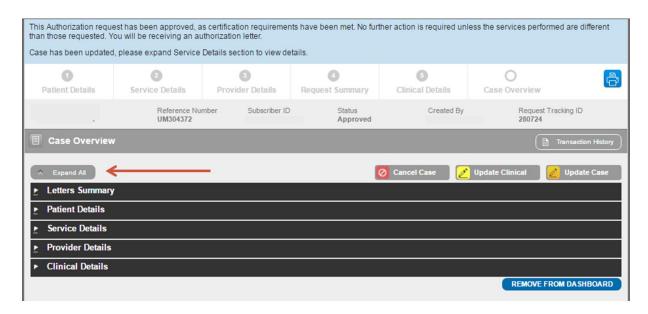


# Viewing a decision — Inpatient or outpatient



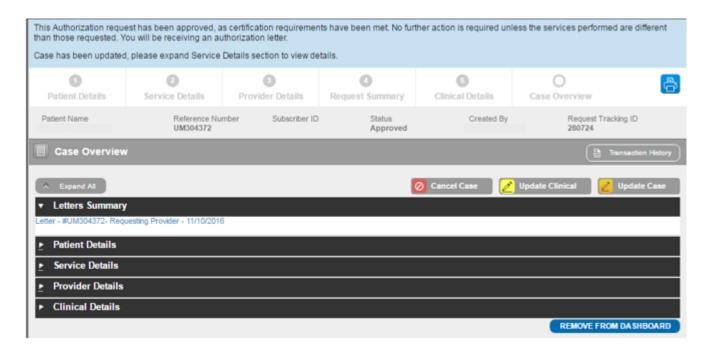
Submitted requests will have a *Review In Progress* status. If a user has entered an email address on the *Provider Details* page, they will receive emails when there is activity on a case. Look for cases that are last updated by system and where status is no longer *Review In Progress*. Those cases with updates or a decision can be viewed by selecting **Request Tracking ID**.

# Viewing a decision/Request for additional information



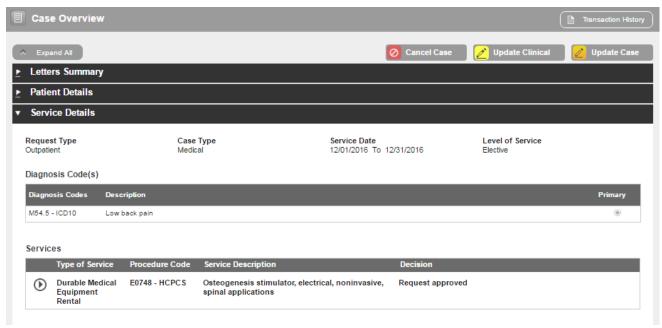
To view status details, select the tracking number from the dashboard and then select **Expand All** to allow the case information to be viewable. View decision letters associated with your requests.

#### **Provider letters**



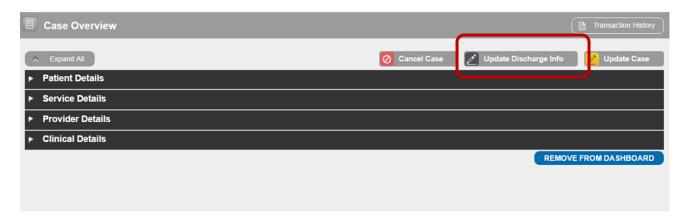
Provider letters associated with the request are viewable by expanding the *Letters Summary* section.

## Viewing a decision



Look at the *Procedure Code* section to view the decision, to see if additional information is needed, or to see if the case is pending for other reasons.

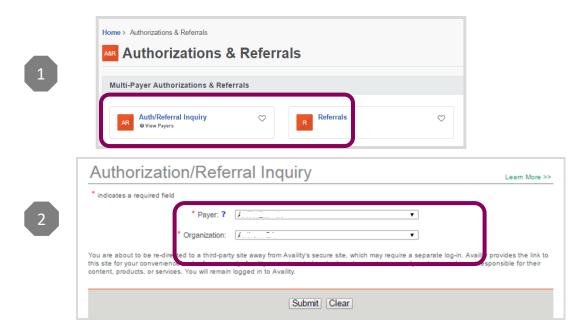
#### Discharge notes



You will have an option available to select **Update Discharge Info** if it applies to the case — This is also available for cases submitted by phone/fax.

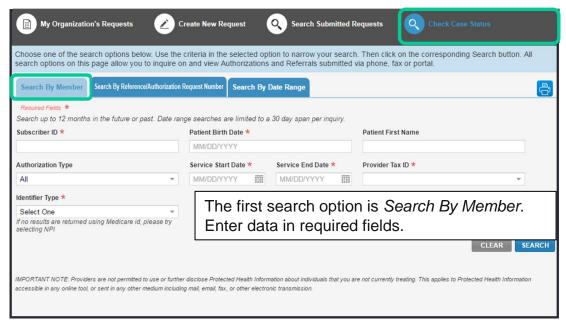


#### User access to the ICR — Inquiry



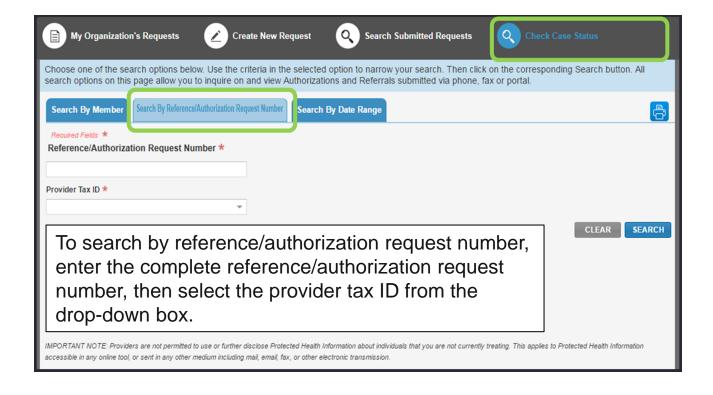
To inquire on any authorization submitted by phone, fax, ICR, or other online tool, choose **Auth/Referral Inquiry** under the *Authorizations & Referrals* link. Then, choose the payer and organization.

#### Search using check case status

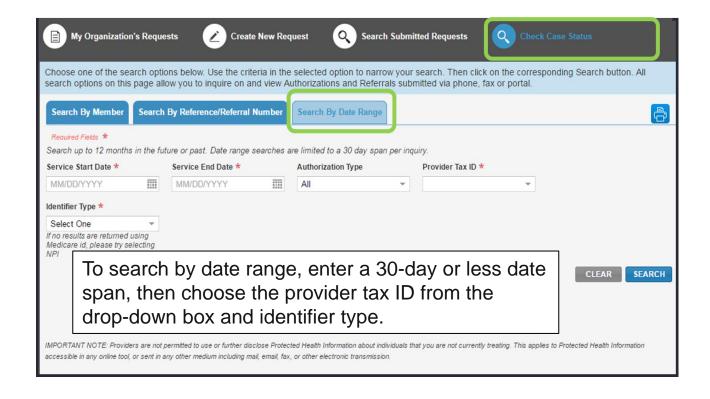


Ordering and servicing physicians and facilities can make an inquiry to view the details for the services using the *Check Case Status* option.

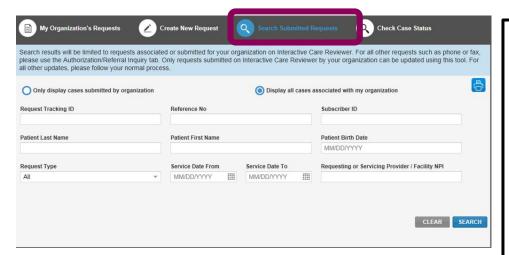
# Search by reference/Authorization request number



#### Search by date range



#### Search organization requests

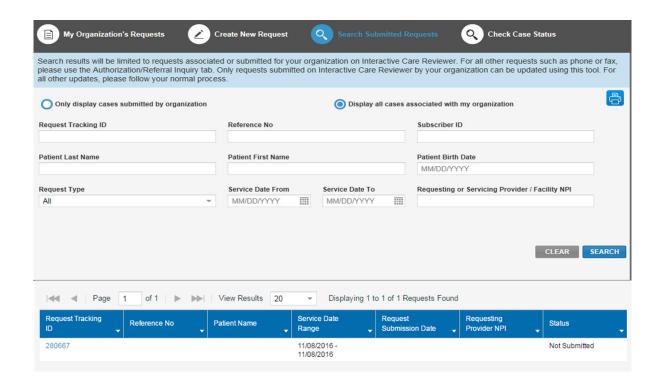


You will have the option to select **Only display** cases submitted by organization or **Display all** cases associated with my organization and complete one or more of the fields.

What functions are available from the Search Submitted Requests tab?

- Locate a request that has a status of Review Not Required.
- Locate a request that is not submitted.
- Locate a request that has been archived.
- Update a request.

#### Search results



# Behavioral health authorization submission capabilities

- Submit authorization requests for behavioral health services, including acute inpatient stays, residential and rehabilitation stays, intensive outpatient and partial hospital programs, electroconvulsive therapy, transcranial magnetic stimulation, applied behavioral analysis therapy, and psychiatric testing.
- Templates allow you to enter clinical details previously provided via phone.
- Update cases or request an extension within the ICR tool.

#### Wrapping up

#### Helpful tips:

- If you receive the system temporarily unavailable message on a consistent basis, your organization's firewall may be blocking the site. Please contact your IT department and ask them to review internet filters and add provider website as a trusted site to bypass the proxy.
- Clear your cache if there seems to be missing fields or if you continue to have errors.
- Remember Admit date for inpatient requests cannot be changed once you submit.
- When you make a new member plan, make a new favorites list.
- You can submit your requests from any computer with internet access.
   We recommend you use Internet Explorer 11, Chrome, Firefox, or Safari for optimal viewing.

## Wrapping up (cont.)

#### Now it's your turn!

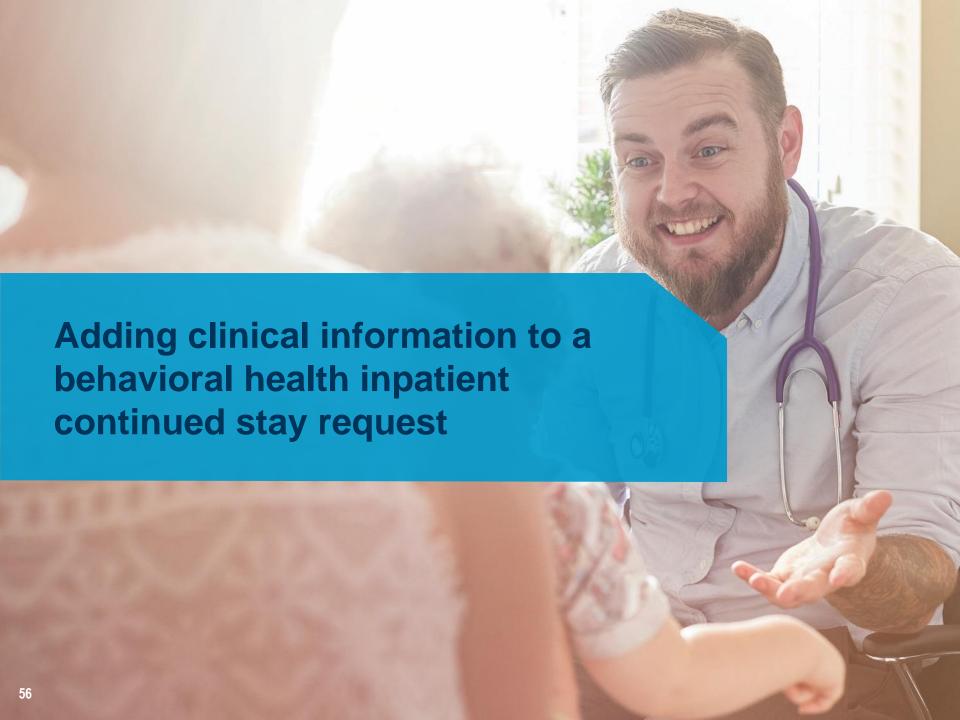
 Use the ICR to determine whether an authorization is required, submit authorizations for many members covered by our plans, and inquire to find details on submitted cases.

#### As a reminder:

- Access the ICR via the Availity Portal. If your practice does not have access, go to <a href="https://www.availity.com">https://www.availity.com</a> and select Register.
- Already use the Availity Portal? Your Availity administrator can grant you access to Authorization and Referral Request and/or Authorization and Referral Inquiry, and you can start using the ICR right away.

#### Contacts

- For questions about the ICR, contact Provider Services at 833-388-1406 from 7 a.m. to 8 p.m. CT Monday to Friday.
- For questions about Availity registration and access, contact Availity Client Services at: 800-AVAILITY (800-282-4548) 7 a.m. to 7 p.m. CT Monday to Friday.



# Qualifications for adding clinical to an ICR request

#### The ICR request must be:

- A psychiatric or substance abuse inpatient case.
- In an approved or pending status.

When clinical information can be added to a request in ICR, a button will appear in the top right of the ICR screen if the request is opened from the dashboard or via search submitted requests.

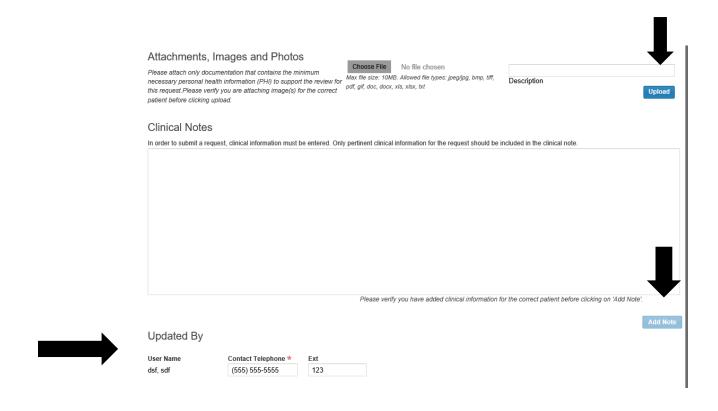
#### How to add clinical to the request

 After selecting the *Update Clinical* button, the program will display this message:



- User should select Yes, and then you will be directed to the Clinical Details page:
  - User can attach a file(s) or add clinical notes into the Clinical Notes text box.
  - User must provide their phone number and extension (if applicable).
  - User must select **Next** at the bottom of the screen when clinical has been added/attached.

### Screen shot of clinical details page



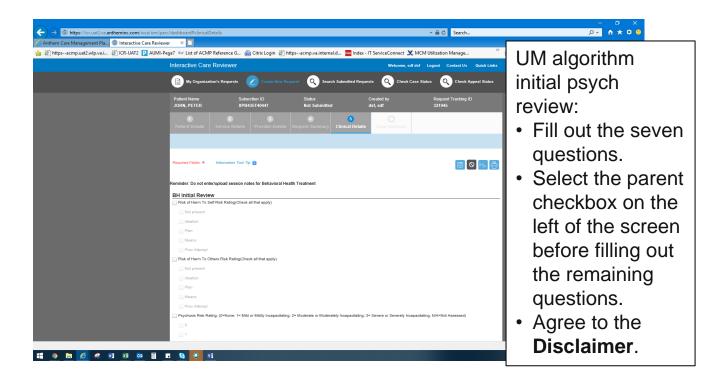
#### How to add clinical to the request

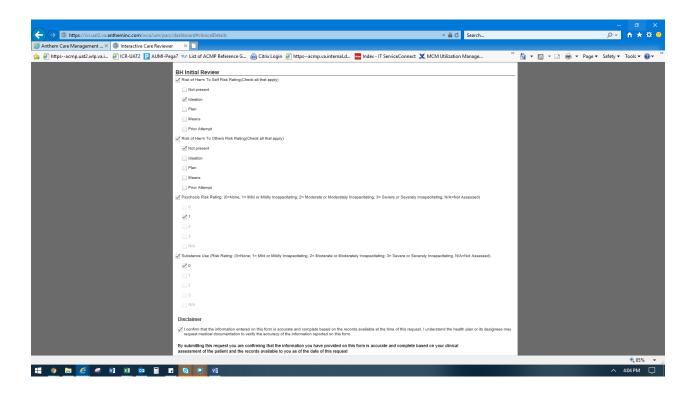
After selecting **Next**, the user is presented with the *Case Overview* page:

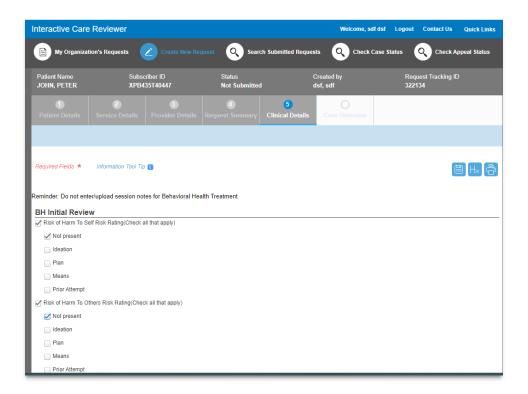
- Scroll to the bottom of the Case Overview Page and select the Submit Update button.
- The user will then be directed back to the dashboard. The additional clinical will be sent to Utilization Management for evaluation.



#### ICR enhancements

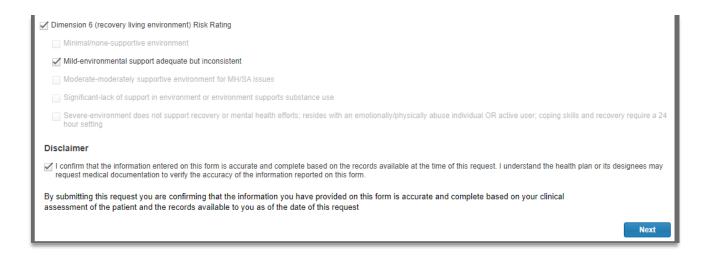






Psychosis Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
<b>⋈</b> 0
□1
□ 2
□ 3
□ N/A
☑ Substance Use (Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
□ 0
□1
<b></b> ✓ 2
□3
N/A
Substance Use Screening (Check if applicable and give score)
CIWA:
☑ cows:
15
For substance use disorders, please complete the following additional information:  Current assessment of American Society of Addiction Medicine (ASAM) criteria
☑ Dimension 1 (acute intoxication) and/or withdrawal potential) Risk Rating
Minimal/none-not under influence, minimal withdrawal potential
☑ Mild-recent use but minimal withdrawal potential
Moderate-recent use, needs 24 hour monitoring
Significant-potential for or history of severe withdrawal, history of withdrawal seizures
Severe-presents with severe withdrawal, current withdrawal seizures

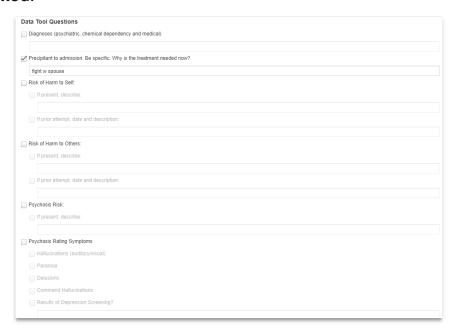
☑ Dimension 2 (biomedical conditions and complications) Risk Rating
Minimal/none-none or insignificant medical problems
Mild-mild medical problems that do not require special monitoring
Moderate-medical condition requires monitoring but not intensive treatment
Significant-medical condition has a significant impact on treatment and requires 24 hour monitoring
Severe-medical condition requires intensive 24 hour medical management
☑ Dimension 3 (emotional, behavioral or cognitive complications) Risk Rating
Minimal/none-none or insignificant psychiatric or behavioral symptoms
Mild-psychiatric or behavioral symptoms have minimal impact on treatment
Moderate-Impaired mental status; passive suicidal/homicidal ideations; impaired ability to complete ADL's
Significant-suicidal/homicidal ideations, behavioral or cognitive problems or psychotic symptoms require 24 hour monitoring
Severe-active suicidal/homicidal ideations and plans, acute psychosis, severe emotional lability or delusions. Unable to attend to ADL's, psychiatric and/or behavioral symptoms require 24 hour medical management
☑ Dimension 4 (readiness to change) Risk Rating
Maintenance-engaged in treatment
Action-committed to treatment and modifying behavior and surroundings
Preparation-planning to take action and is making adjustments to change behavior. Has not resolved ambivalence
Contemplative-ambivalent, acknowledges having a problem and beginning to think about it, has indefinite plan to change
Pre-Contemplative-in treatment due to external pressure, resistant to change
☑ Dimension 5 (relapse, continued use or continued problem potential) Risk Rating
Minimal/none-little likelihood of relapse
✓ Mild-recognizes triggers, uses coping skills
Moderate-aware of potential triggers for MH/SA issues but requires close monitoring
Significant-not aware of potential triggers for MH/SA issues, continues to use/relapse despite treatment
Severe-unable to control use without 24 hour monitoring, unable to recognize potential triggers for MH/SA despite consequences



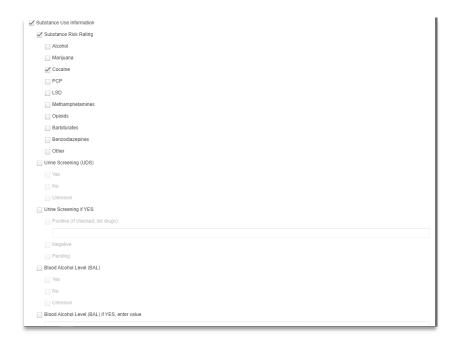
BH Continued Stay Review
✓ Risk of Harm To Self Risk Rating(Check all that apply)
Not present
☑ Ideation
☑ Plan
☐ Means
Prior Attempt
✓ Risk of Harm To Others Risk Rating(Check all that apply)
Not present
✓ Ideation
✓ Plan
Means
Prior Attempt
Psychosis Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
□ 0
□1
☑2
□3
□ N/A
Substance Use (Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
□ 0
□1
□ 2
□ 3
□ NA
Substance Use Screening (Check if applicable and give score)  Current treatment plan
Medications
Have medications changed (type, doseland/or frequency) since admission?
Yes
□ No
Have any pm medications been administered?
Yes

✓ Attending groups?	
✓ Yes	
□ N/A	
Family or other sup	ports involved in treatment?
✓ Yes	
□ No	
N/A	
Member is improvi	g in (check all that apply):
✓ Thought Proce	å
Yes	
□ No	
Affect	
Yes	
□ No	
Mood	
Yes	
□ No	
Performing ADI	's
Yes	
□ No	
Impulse Contro	/Behavior
Yes	
□ No	
Sleep	
Yes	
□ No	
No otologo	
Disclaimer  I confirm that the informa request medical documen	ion entered on this form is accurate and complete based on the records available at the time of this request. I understand the health plan or its designees reason to verify the accuracy of the information reported on this form.
	you are confirming that the information you have provided on this form is accurate and complete based on your clinical and the records available to you as of the date of this request
	Nex

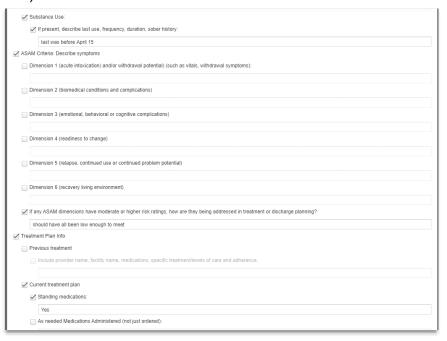
Data Tool Questions: These will only be visible in the event the enhancement was unable to approve based on the information submitted.



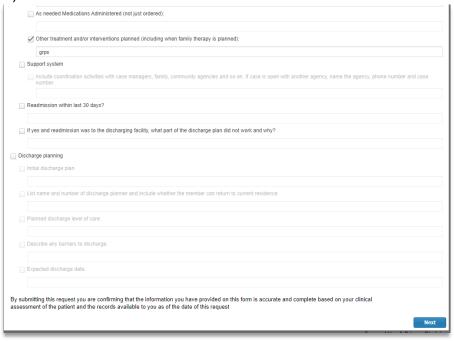
#### Data Tool Questions (cont.)



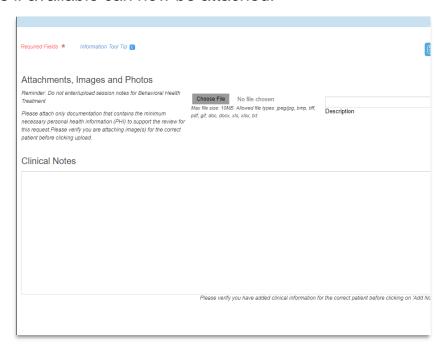
#### Data Tool Questions (cont.)



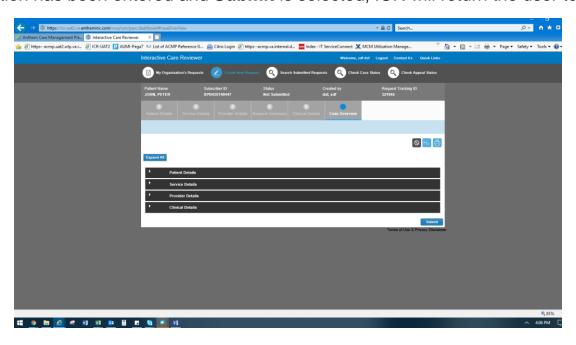
#### Data Tool Questions (cont.)



Additional clinical notes if available can now be attached.



Once the information has been entered and **Submit** is selected, ICR will return the user to the dashboard.



#### ICR additional information

- Follow these instructions to access ICR through the Availity Portal (<u>www.availity.com</u>):
  - First, ask your Availity administrator to grant you the appropriate role assignment:
    - Do you create and submit prior authorization requests?
      - Required role assignment: Authorization and Referral Request
    - Do you check the status of the case or results of the authorization request?
      - Required role assignment: Authorization and Referral Inquiry
- Once you have the authorization role assignment, log onto Availity with your unique user ID and password and follow these steps:
  - Select Patient Registration from Availity's home page.
  - Select Authorizations & Referrals.
  - Select Authorizations (for requests).
  - Select Auth/Referral Inquiry (for inquiries).

## ICR additional information (cont.)

- Training:
  - Follow these instructions to access ICR on-demand training through the Availity Custom Learning Center:

#### From Availity's home page:

- Select Payer Spaces.
- Select Healthy Blue.
- Select Applications.
- Select Custom Learning Center.
- From the Courses screen, use the filter catalog, and select Interactive Care Reviewer – Online Authorizations from the menu. Then click Apply.
- You will find two pages of online courses consisting of on-demand videos and reference documents illustrating navigation and features of ICR. Enroll for the course(s) you want to take immediately or save for later.





\* Availity, LLC is an independent company providing administrative support services on behalf of Healthy Blue.

#### https://provider.healthybluene.com

Healthy Blue is the trade name of Community Care Health Plan of Nebraska, Inc., an independent licensee of the Blue Cross and Blue Shield Association.

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