



# Medication Assisted Therapy for Alcohol Use Disorder

## Diagnosis of alcohol use disorder? Consider medication assisted therapy.

### Evidence Supporting MAT

Medications for AUD can help patients recover. When patients are prescribed medication to treat AUD, they are healthier and less likely to be hospitalized in the future.<sup>1</sup>

Medications for AUD are underutilized — Fewer than half of AUD patients in treatment centers are prescribed MAT.<sup>2</sup> Not offering MAT to patients is a missed opportunity for providers to help their patients with AUD.

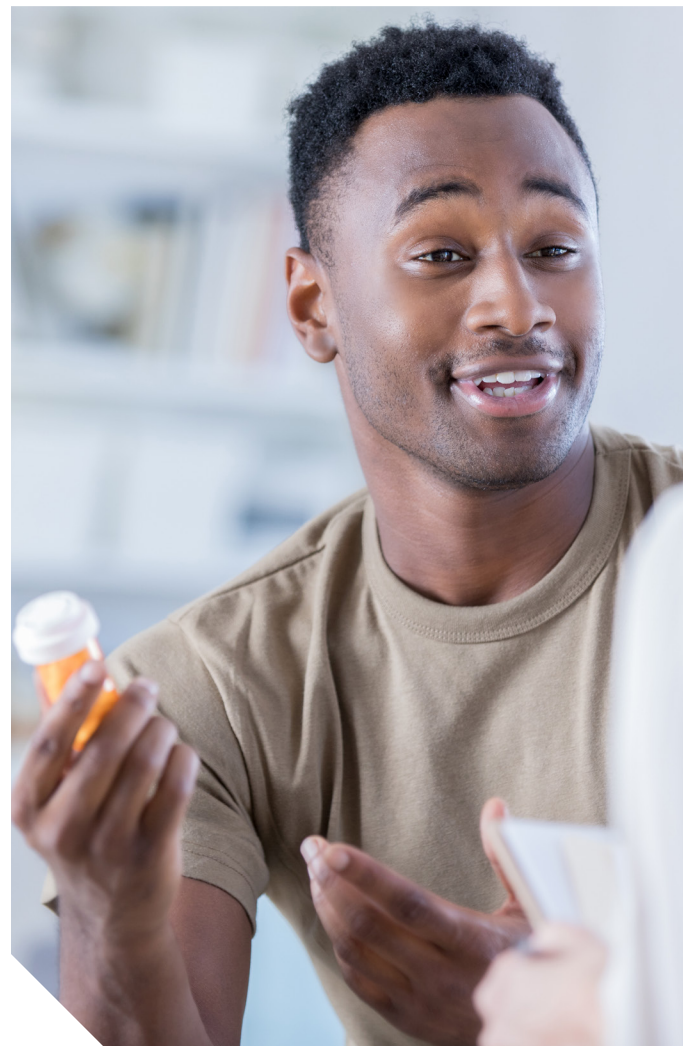
The four different medications approved for use in AUD have different mechanisms of action. Patients will experience different effects when they are exposed to alcohol, depending on which medication they are prescribed. If you think MAT might benefit your patient with AUD, be sure to discuss their MAT options.

The four medications approved for MAT are Disulfiram (Antabuse), Acamprosate (Campral), Naltrexone (Revia, oral), Naltrexone XR (Vivitrol, 30 day injectable)

All four MAT medications are covered by Healthy Blue. Vivitrol is covered as both a pharmacy and medical benefit.

### Under the medical benefit, providers may obtain Vivitrol for our members by:

1. Contacting our Medical Specialty Pharmacy by simply calling a prescription to CVS\* Specialty at **877-254-0015**. Vivitrol can be delivered to your clinic for administration.
2. Buying and billing—the clinic can purchase the Vivitrol and bill it as part of the medical claim.



### References:

- 1 Baser et al Am J of Managed Care 2011
- 2 Knudsen et al Evaluation & Program Planning 2011



**Under the pharmacy benefit, Vivitrol can be obtained from one of our contracted specialty pharmacies:**

| Pharmacy name                  | Pharmacy address                                      | Pharmacy phone number |
|--------------------------------|---|-----------------------|
| Coram Alternate Site Services* | 11111 Mill Valley Rd Omaha, NE 68154                  | 402-330-5482          |
| PerformSpecialty, LLC*         | 2416 Lake Orange Drive Suite 190<br>Orlando, FL 32837 | 855-287-7888          |
| Ingenio Rx* Specialty          | 1127 Bryn Mawr Ave Ste A<br>Redlands, CA 92374        | 101-399-8921          |
| Ingenio Rx Specialty           | 800 Biermann Ct Ste B<br>Mount Prospect IL 60056      | 113-410-0134          |
| Ingenio Rx Specialty           | 11162 Renner Blvd Lenexa, KS 66219                    | 190-288-7805          |
| Ingenio Rx Specialty           | 180 Passaic Ave Unit B-5<br>Farfield, NJ 07004        | 151-894-8413          |
| Ingenio Rx Specialty           | 105 Mall Blvd Monroeville, PA 15146                   | 104-338-2302          |

\* CVS Specialty® is an independent company providing pharmacy services on behalf of Healthy Blue. Coram Alternate Site Services is an independent company providing pharmacy services on behalf of Healthy Blue. PerformSpecialty, LLC is an independent company providing pharmacy services on behalf of Healthy Blue. Ingenio Rx is an independent company providing pharmacy services on behalf of Healthy Blue.

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