



Hot Tip: ADHD

Your Healthy Blue patients may experience a pharmacy claim rejection when prescribed nonpreferred products. To avoid additional steps or delays at the pharmacy, consider prescribing preferred products whenever possible. Utilization management edits may apply to select preferred products. For additional information, please review our pharmacy coverage on the Healthy Blue website at <https://provider.healthybluene.com>.

Therapeutic class ^{AL, QL}	Preferred products	Nonpreferred products
ADHD — stimulants and related ADHD drugs — miscellaneous ¹	atomoxetine (generic for Strattera) clonidine immediate release guanfacine ER (generic for Intuniv) Qelbree ² (viloxazine)	clonidine ER (generic for Kapvay) Strattera (atomoxetine)
<p>1 Generic guanfacine IR and clonidine IR are available without prior authorization.</p> <p>2 As of January 19, 2023, Qelbree is a preferred product.</p>		
ADHD — stimulants and related ADHD drugs — Methylphenidate type ¹	Concerta (methylphenidate ER) <i>18 mg, 27 mg, 36 mg, 54 mg</i> dexmethylphenidate (generic for Focalin IR) dexmethylphenidate XR ² (generic for Focalin XR) Methylin (methylphenidate) <i>solution</i> methylphenidate (generic for Ritalin) methylphenidate (generic for Methylin) <i>solution</i> Quillichew ER (methylphenidate) <i>chew tab</i>	Adhansia XR (methylphenidate) Aptensio XR (methylphenidate) Azstarys (serdexmethylphenidate and dexmethylphenidate) Cotempla XR-ODT (methylphenidate) Daytrana ³ (methylphenidate) <i>patch</i> Focalin IR (dexmethylphenidate) Focalin XR ² (dexmethylphenidate) Jornay PM (methylphenidate) methylphenidate (generic Ritalin LA) <i>50/50</i> methylphenidate (generic for Metadate CD) <i>30/70</i> methylphenidate ER (generic Concerta) <i>18 mg, 27 mg, 36 mg, 54 mg</i> methylphenidate ER (generic for Aptensio XR) <i>capsule</i> methylphenidate ER (generic for Metadate ER) methylphenidate ER (generic for Relexxii) <i>72 mg</i> methylphenidate ER (generic for Ritalin SR) methylphenidate TD24 (generic Daytrana) ^{NR} <i>patch</i> Quillivant XR (methylphenidate) <i>suspension</i> Ritalin (methylphenidate)
<p>^{AL, QL} Most products are subject to age and quantity limits. Please review the Nebraska Summary of Drug Limitations at neclaimlimitations.pdf (fhsc.com).</p>		

1 Non-preferred agents will be approved for patients who have failed a trial of **two** preferred agents within this drug class. Maximum accumulated dose of 108 mg per day for ages < 18. Maximum accumulated dose of 72 mg per day for ages > 19.

2 Please note, Focalin XR is **no longer brand preferred** as of January 19, 2023. Members will need to transition to generic dextmethylphenidate XR **or** submit a prior authorization stating why the brand is medically necessary.

3 Daytrana may be approved in history of substance use disorder by parent, caregiver, or patient. May be approved with documentation of difficulty swallowing.

NR — product was not reviewed — new drug criteria will apply.

ADHD — stimulants and related agents — CNS stimulants — Amphetamine type ¹	Adderall XR (amphetamine salt combo) amphetamine salt combination IR Vyvanse (lisdexamfetamine) <i>capsules, chewable</i>	Adzenys XR (amphetamine) amphetamine ER (generic Adzenys ER) <i>suspension</i> amphetamine salt combination ER (generic for Adderall XR) amphetamine sulfate (generic for Evekeo) dextroamphetamine (generic for Dexedrine) dextroamphetamine (generic Procentra ²) <i>solution</i> dextroamphetamine ER (generic for Dexedrine ER) Dyanavel XR (amphetamine) Evekeo ODT (amphetamine sulfate) Mydayis (amphetamine salt combo) methamphetamine (generic for Desoxyn) Zenedi ³ (dextroamphetamine)
---	---	--

1 Non-preferred agents will be approved for patients who have failed a trial of **one** preferred agent within this drug class.

2 Procentra may be approved with documentation of swallowing disorder.

3 Zenedi requires clinical reason why the generic dextroamphetamine IR cannot be used.

What if I need assistance?

If you have questions about this communication or need assistance with any other item, contact your local Provider Relations representative or call Provider Services at **833-388-1406**, Monday to Friday from 7 a.m. to 8 p.m. CT.



Email is the quickest and most direct way to receive important information from Healthy Blue.



To start receiving email from us (including some sent in lieu of fax or mail), submit your information using the QR code to the right or via our online form (<https://bit.ly/3oXHYBP>).